



1
00:00:06,660 --> 00:00:25,550

[Music]

2
00:00:30,870 --> 00:00:27,900

hello everyone welcome to the show

3
00:00:32,519 --> 00:00:30,880

Martin Willis your host and I am up in

4
00:00:35,400 --> 00:00:32,529

the state of Maine I can such as caller

5
00:00:37,979 --> 00:00:35,410

down east I am down east with Steven

6
00:00:42,899 --> 00:00:37,989

Callahan and I'm really excited about

7
00:00:45,719 --> 00:00:42,909

today's show back in the late 1980s I

8
00:00:48,869 --> 00:00:45,729

used to sail myself and also my

9
00:00:51,509 --> 00:00:48,879

brother-in-law one day at the time told

10
00:00:53,399 --> 00:00:51,519

me about this amazing book he was

11
00:00:56,639 --> 00:00:53,409

reading called adrift

12
00:00:58,500 --> 00:00:56,649

also I used to be a crew member on a

13
00:01:00,389 --> 00:00:58,510

racing sloop but I think was a 12-meter

14

00:01:02,310 --> 00:01:00,399

racing sloop out of Newcastle New

15

00:01:05,100 --> 00:01:02,320

Hampshire everybody was talking about a

16

00:01:06,930 --> 00:01:05,110

book called a drift so I did something

17

00:01:10,260 --> 00:01:06,940

really rare at the time and that is I

18

00:01:14,010 --> 00:01:10,270

bought a book and I could not put it

19

00:01:16,169 --> 00:01:14,020

down it was fascinating a story of

20

00:01:18,930 --> 00:01:16,179

survival and I'm really happy to be up

21

00:01:20,940 --> 00:01:18,940

here in Maine with a Steven Callahan

22

00:01:22,529 --> 00:01:20,950

how you doing Steven I'm doing all right

23

00:01:24,210 --> 00:01:22,539

thanks very much yeah

24

00:01:26,940 --> 00:01:24,220

thanks for joining us thanks for still

25

00:01:29,670 --> 00:01:26,950

being here yeah my pleasure

26

00:01:32,219 --> 00:01:29,680

you can assure you yeah yeah um for the

27

00:01:34,819 --> 00:01:32,229

listener who has never heard this story

28

00:01:38,039 --> 00:01:34,829

I know you've told it a million times

29

00:01:41,819 --> 00:01:38,049

probably even more but can you give like

30

00:01:43,050 --> 00:01:41,829

a nutshell uh and then I'll go on and

31

00:01:46,410 --> 00:01:43,060

ask you so you want me to give you the

32

00:01:50,100 --> 00:01:46,420

smallest nutshell I had no no yeah well

33

00:01:55,830 --> 00:01:50,110

um yeah okay I'll be with a slightly

34

00:01:57,330 --> 00:01:55,840

elongated nutshell um in the late 70s I

35

00:02:00,810 --> 00:01:57,340

designed and built a little boat and

36

00:02:04,800 --> 00:02:00,820

Poland solo my escape machine my life

37

00:02:08,400 --> 00:02:04,810

was a bit falling apart my wife and I

38

00:02:10,319 --> 00:02:08,410

were separated and I'm always a little

39

00:02:16,410 --> 00:02:10,329

disenchanted with people in the country

40

00:02:19,380 --> 00:02:16,420

and all that stuff and so 1981 I sailed

41

00:02:22,620 --> 00:02:19,390

and pulling solo across the Atlantic to

42

00:02:24,630 --> 00:02:22,630

England and the inspiration for that

43

00:02:26,550 --> 00:02:24,640

goes back to my early childhood I read a

44

00:02:30,319 --> 00:02:26,560

book called Tinkerbell written by Robert

45

00:02:33,100 --> 00:02:30,329

manry who was a newspaper reporter who

46

00:02:36,370 --> 00:02:33,110

bought a little 13 and a half

47

00:02:38,930 --> 00:02:36,380

basically designed at ceylon lakes and

48

00:02:40,190 --> 00:02:38,940

had a good time with his family with it

49

00:02:42,050 --> 00:02:40,200

for a number of years and then you

50

00:02:44,750 --> 00:02:42,060

decide ducted over put a little cabin on

51
00:02:46,730 --> 00:02:44,760
it and sailed it to England and I think

52
00:02:48,020 --> 00:02:46,740
he bought the boat for like \$250 or

53
00:02:50,690 --> 00:02:48,030
something like that I don't know what it

54
00:02:53,000 --> 00:02:50,700
was almost nothing and it really showed

55
00:02:55,190 --> 00:02:53,010
me that people could kind of have a life

56
00:02:59,840 --> 00:02:55,200
of lead a life of adventure they didn't

57
00:03:03,140 --> 00:02:59,850
have to be particularly wealthy or smart

58
00:03:04,820 --> 00:03:03,150
which was fit me perfectly so I set off

59
00:03:07,340 --> 00:03:04,830
on my little boat finally when my life

60
00:03:09,260 --> 00:03:07,350
was falling apart and to fulfill those

61
00:03:12,290 --> 00:03:09,270
childhood dreams of crossing the ocean

62
00:03:17,870 --> 00:03:12,300
on a small boat and Fred with it went

63
00:03:23,390 --> 00:03:17,880

with me partway and I left the England

64

00:03:25,250 --> 00:03:23,400

in the fall of 1981 and was in a race

65

00:03:28,070 --> 00:03:25,260

that would eventually go down to the

66

00:03:29,870 --> 00:03:28,080

Caribbean but was very stormy they lost

67

00:03:33,770 --> 00:03:29,880

the number of boats couple people got

68

00:03:36,590 --> 00:03:33,780

killed and so I had damage on my boat

69

00:03:39,470 --> 00:03:36,600

and I dropped out so I did but I needed

70

00:03:43,880 --> 00:03:39,480

to get back to the States and earn money

71

00:03:46,400 --> 00:03:43,890

and all that so I just continued on my

72

00:03:48,260 --> 00:03:46,410

voyage and got down to the Canary

73

00:03:51,199 --> 00:03:48,270

Islands which are just off the coast of

74

00:03:53,650 --> 00:03:51,209

Africa and was on kind of the final leg

75

00:03:56,660 --> 00:03:53,660

of my double crossing in the Atlantic

76

00:03:58,430 --> 00:03:56,670

which usually is the easy part I'd done

77

00:04:01,490 --> 00:03:58,440

the tough part the north part of the

78

00:04:05,180 --> 00:04:01,500

North Atlantic and I was on the easier

79

00:04:07,220 --> 00:04:05,190

part the trade winds blowing me steadily

80

00:04:09,460 --> 00:04:07,230

to the Caribbean I got about a week out

81

00:04:13,790 --> 00:04:09,470

have a lovely week of sailing which is

82

00:04:16,130 --> 00:04:13,800

unusual and the weather started brewing

83

00:04:17,659 --> 00:04:16,140

up but I wasn't particularly worried

84

00:04:19,620 --> 00:04:17,669

about it the boat I'd gone through

85

00:04:22,920 --> 00:04:19,630

several gales before

86

00:04:28,170 --> 00:04:22,930

it wasn't anything too horrendous and

87

00:04:30,180 --> 00:04:28,180

about midnight February 4th 1982 big

88

00:04:35,970 --> 00:04:30,190

bang on the side of the boat filled up

89

00:04:37,350 --> 00:04:35,980

with water very quickly and fortunately

90

00:04:41,520 --> 00:04:37,360

for me the boat had watertight

91

00:04:43,050 --> 00:04:41,530

compartments in it so it kind of

92

00:04:44,640 --> 00:04:43,060

stabilized in the water I couldn't stay

93

00:04:46,740 --> 00:04:44,650

aboard because waves were washing right

94

00:04:48,840 --> 00:04:46,750

on the waves are like I'll probably

95

00:04:51,930 --> 00:04:48,850

average size and you know roughly 10

96

00:04:53,370 --> 00:04:51,940

feet or so so the boat was very very low

97

00:04:55,170 --> 00:04:53,380

in the water that in fact the bow was

98

00:04:57,600 --> 00:04:55,180

underwater it was just a little bit of

99

00:04:59,670 --> 00:04:57,610

the stern sticking up and waves washing

100

00:05:02,820 --> 00:04:59,680

over it so I inflated my life raft

101

00:05:06,090 --> 00:05:02,830

jumped in when the boat stabilized

102

00:05:09,060 --> 00:05:06,100

didn't actually outright sink than I was

103

00:05:10,680 --> 00:05:09,070

able to get back aboard and died down

104

00:05:15,270 --> 00:05:10,690

inside and get some pretty pretty

105

00:05:20,370 --> 00:05:15,280

critical gear and after some time doing

106

00:05:22,080 --> 00:05:20,380

this it I got in the raft and was going

107

00:05:24,060 --> 00:05:22,090

to wait daylight but it was like the

108

00:05:26,460 --> 00:05:24,070

international accident every few minutes

109

00:05:27,900 --> 00:05:26,470

breaking wave would hit the raft and it

110

00:05:31,860 --> 00:05:27,910

was tied to this boat full of water

111

00:05:34,230 --> 00:05:31,870

which was a huge sea anchor yeah and the

112

00:05:36,090 --> 00:05:34,240

wrapping very light bobbling around on

113

00:05:40,440 --> 00:05:36,100

the top of the water just was getting

114

00:05:43,350 --> 00:05:40,450

crushed and just before daylight I was

115

00:05:45,630 --> 00:05:43,360

broken away from the boat which was kind

116

00:05:50,040 --> 00:05:45,640

of a mixed blessing a lot of the story

117

00:05:52,470 --> 00:05:50,050

of the drift is about great in life yeah

118

00:05:55,380 --> 00:05:52,480

nothing is just good or bad things are

119

00:05:57,240 --> 00:05:55,390

what they are and you try to come to

120

00:05:59,190 --> 00:05:57,250

grips with the reality of it and deal

121

00:06:01,260 --> 00:05:59,200

with it so for me it was like a big

122

00:06:03,750 --> 00:06:01,270

disappointment that I was broken away

123

00:06:06,090 --> 00:06:03,760

from the boat because I had a lot of

124

00:06:07,470 --> 00:06:06,100

water and food and things in the boat

125

00:06:09,780 --> 00:06:07,480

that I might have been able to retrieve

126

00:06:11,520 --> 00:06:09,790

the next day but anything just worth the

127

00:06:15,600 --> 00:06:11,530

second there when you take broken away

128

00:06:18,840 --> 00:06:15,610

now you had you had a painter going yeah

129

00:06:20,940 --> 00:06:18,850

did that break no the painter it was a

130

00:06:22,500 --> 00:06:20,950

pretty hefty piece of line it was

131

00:06:25,080 --> 00:06:22,510

whatever it was tied on to in the bow

132

00:06:26,189 --> 00:06:25,090

broke and I just went drifting off

133

00:06:28,769 --> 00:06:26,199

trailing line

134

00:06:31,379 --> 00:06:28,779

and I you know look at it was all of a

135

00:06:32,820 --> 00:06:31,389

sudden this wave hit the raft and you

136

00:06:34,769 --> 00:06:32,830

know usually like I say it was like

137

00:06:37,679 --> 00:06:34,779

being an auto accident really every few

138

00:06:41,100 --> 00:06:37,689

minutes and all of a sudden it was like

139

00:06:42,980 --> 00:06:41,110

peaceful relatively peaceful and I look

140

00:06:45,600 --> 00:06:42,990

out nearest though you know I vote

141

00:06:49,739 --> 00:06:45,610

further and further behind so it was a

142

00:06:51,629 --> 00:06:49,749

pretty melancholy moment because I knew

143

00:06:53,070 --> 00:06:51,639

I was pretty much dead smack in the

144

00:06:56,279 --> 00:06:53,080

middle of the Atlantic Ocean and

145

00:06:59,730 --> 00:06:56,289

drifting with with wind and current down

146

00:07:06,600 --> 00:06:59,740

when they had you know basically close

147

00:07:09,719 --> 00:07:06,610

to 2,000 land miles to go and it just

148

00:07:11,610 --> 00:07:09,729

seemed absolutely impossible but so I

149

00:07:15,420 --> 00:07:11,620

spent the next two and a half months

150

00:07:17,579 --> 00:07:15,430

basically watching the environment

151
00:07:20,519 --> 00:07:17,589
evolve and learning to become an aquatic

152
00:07:22,679 --> 00:07:20,529
caveman that's a good way to put it to

153
00:07:25,589 --> 00:07:22,689
us well it's really the thing I could I

154
00:07:27,809 --> 00:07:25,599
could you know just was very much like

155
00:07:29,249 --> 00:07:27,819
living a cave cave man's existent but

156
00:07:30,899 --> 00:07:29,259
out in the middle of the ocean you know

157
00:07:33,089 --> 00:07:30,909
I fished with a spear I lived in this

158
00:07:39,089 --> 00:07:33,099
little cave or a hole it was a rubber

159
00:07:42,149 --> 00:07:39,099
cave and in tried to learn the nuances

160
00:07:45,300 --> 00:07:42,159
of the evolving environment around me so

161
00:07:47,610 --> 00:07:45,310
I could learn how to get food and

162
00:07:49,829 --> 00:07:47,620
produce water and do all the things that

163
00:07:53,519 --> 00:07:49,839

would keep me alive for two-and-a-half

164

00:07:56,879 --> 00:07:53,529

months now you had quite a rap yet a

165

00:07:59,369 --> 00:07:56,889

six-man raft Avery and I know that you

166

00:08:01,110 --> 00:07:59,379

had to yank on the court a bunch of

167

00:08:02,760 --> 00:08:01,120

times and you thought right then it was

168

00:08:04,769 --> 00:08:02,770

all over yeah I didn't think the raft

169

00:08:06,659 --> 00:08:04,779

was going to inflate I thought I was you

170

00:08:07,860 --> 00:08:06,669

know because there's got this yeah it's

171

00:08:10,409 --> 00:08:07,870

got this ripcord

172

00:08:13,950 --> 00:08:10,419

and when you come to the end you pull it

173

00:08:17,010 --> 00:08:13,960

in it pulls the pin basically that

174

00:08:22,350 --> 00:08:17,020

allows a gas canister to inflate the

175

00:08:23,730 --> 00:08:22,360

raft but they they do fail and I got

176

00:08:25,619 --> 00:08:23,740

pulling and pulling and pulling and like

177

00:08:29,070 --> 00:08:25,629

nothing was happening and so you know my

178

00:08:30,839 --> 00:08:29,080

first my first fear I guess well maybe

179

00:08:32,819 --> 00:08:30,849

it was my first one but I probably my

180

00:08:33,860 --> 00:08:32,829

50th fear at that point was that the

181

00:08:37,339 --> 00:08:33,870

raft wouldn't

182

00:08:40,309 --> 00:08:37,349

wouldn't inflate but in fact it did now

183

00:08:42,350 --> 00:08:40,319

when you went to buy that raft um that

184

00:08:43,879 --> 00:08:42,360

was like way overkill for what you

185

00:08:46,429 --> 00:08:43,889

normally would need out to see

186

00:08:49,460 --> 00:08:46,439

did you like contemplate buying a lesser

187

00:08:53,299 --> 00:08:49,470

raft at the time or did you just well or

188

00:08:57,889 --> 00:08:53,309

them yeah well it was a mix thing um I

189

00:08:59,600 --> 00:08:57,899

had been interested in marine safety and

190

00:09:02,150 --> 00:08:59,610

I was involved in the marine industry I

191

00:09:03,829 --> 00:09:02,160

was built boats initially when I got out

192

00:09:05,480 --> 00:09:03,839

of school and then I got into doing

193

00:09:07,280 --> 00:09:05,490

design at the time when I left in

194

00:09:11,410 --> 00:09:07,290

Napoleon solo I was designing and

195

00:09:14,210 --> 00:09:11,420

teaching design and safety was a really

196

00:09:19,910 --> 00:09:14,220

strong interest of mine and I had knew a

197

00:09:22,600 --> 00:09:19,920

lot of people who were incredible

198

00:09:25,420 --> 00:09:22,610

sailors you know world class sailors in

199

00:09:28,489 --> 00:09:25,430

several of them had gotten into trouble

200

00:09:30,769 --> 00:09:28,499

so it was it was a distinct possibility

201
00:09:32,449 --> 00:09:30,779
that you go offshore and you can get

202
00:09:33,799 --> 00:09:32,459
into trouble and there's no but you

203
00:09:36,739 --> 00:09:33,809
can't park it on the side of the road

204
00:09:38,329 --> 00:09:36,749
yeah you know put out a little little

205
00:09:40,639 --> 00:09:38,339
banner and hope that the staties are

206
00:09:42,319 --> 00:09:40,649
going to stop by and pick you up and fix

207
00:09:44,780 --> 00:09:42,329
your problems I mean that's part of the

208
00:09:47,030 --> 00:09:44,790
the deal of going offshore is you have

209
00:09:49,850 --> 00:09:47,040
amazing freedom but you also have total

210
00:09:52,549 --> 00:09:49,860
responsibility so I I was paying

211
00:09:54,079 --> 00:09:52,559
attention to those issues and it won a

212
00:09:57,079 --> 00:09:54,089
previous boat that I'd had that I was

213
00:09:58,939 --> 00:09:57,089

living on I had a life raft and at one

214

00:10:01,519 --> 00:09:58,949

point we actually took it out of the

215

00:10:03,710 --> 00:10:01,529

canister and blew it up and a couple of

216

00:10:04,850 --> 00:10:03,720

friends and I got into it and just kind

217

00:10:06,639 --> 00:10:04,860

of looked at each other and said oh my

218

00:10:10,460 --> 00:10:06,649

god I hope we're never in one of them

219

00:10:15,189 --> 00:10:10,470

and that was a four person raft and the

220

00:10:17,840 --> 00:10:15,199

reality is that you know the ideal

221

00:10:19,220 --> 00:10:17,850

situation would be to be able to pick

222

00:10:21,049 --> 00:10:19,230

something out of your pocket about the

223

00:10:23,540 --> 00:10:21,059

size of the pack of cards and pull the

224

00:10:26,780 --> 00:10:23,550

ripcord in the qe2 influence you know

225

00:10:28,309 --> 00:10:26,790

that's what you want yeah but it's

226

00:10:30,259 --> 00:10:28,319

difficult to design safe you quit

227

00:10:33,049 --> 00:10:30,269

because you want it to be compact light

228

00:10:36,379 --> 00:10:33,059

and serve all purposes which is you know

229

00:10:39,139 --> 00:10:36,389

a huge range of scenarios so the

230

00:10:41,040 --> 00:10:39,149

standard raft it gives you four square

231

00:10:44,880 --> 00:10:41,050

feet per person for its

232

00:10:46,710 --> 00:10:44,890

pasady because most people who are have

233

00:10:49,920 --> 00:10:46,720

to get into a life raft or picked up

234

00:10:52,110 --> 00:10:49,930

within 24 36 hours it's only the

235

00:10:55,470 --> 00:10:52,120

oddballs like me out there sailing

236

00:10:57,630 --> 00:10:55,480

around by myself offshore that we need a

237

00:10:58,920 --> 00:10:57,640

raft for a longer period of time so I

238

00:11:03,750 --> 00:10:58,930

figure you know the bigger the better

239

00:11:05,850 --> 00:11:03,760

and I bought the raft from somebody I

240

00:11:07,980 --> 00:11:05,860

knew who had a marine business selling

241

00:11:10,560 --> 00:11:07,990

stuff and it had been prepared offshore

242

00:11:12,840 --> 00:11:10,570

by the it wasn't a brand-new raft it had

243

00:11:15,150 --> 00:11:12,850

been prepared for an offshore trip by

244

00:11:16,949 --> 00:11:15,160

the prior owner so in that extra gear

245

00:11:18,540 --> 00:11:16,959

and all that stuff and it was a six

246

00:11:20,670 --> 00:11:18,550

person raft so that's how I ended up

247

00:11:23,250 --> 00:11:20,680

with it well well so um

248

00:11:25,319 --> 00:11:23,260

you're you're sound asleep in the mill

249

00:11:27,329 --> 00:11:25,329

done I hear this loud bang and all of a

250

00:11:31,410 --> 00:11:27,339

sudden you're you know you're here

251
00:11:35,069 --> 00:11:31,420
almost knee-deep in water right and that

252
00:11:37,590 --> 00:11:35,079
possibly was a whale my presumption is

253
00:11:39,240 --> 00:11:37,600
that it was a whale I mean there's a lot

254
00:11:40,769 --> 00:11:39,250
of stuff in the inn floating around in

255
00:11:41,910 --> 00:11:40,779
the ocean there were logs and sure

256
00:11:44,220 --> 00:11:41,920
gained years I've seen all this stuff

257
00:11:46,980 --> 00:11:44,230
myself you know gone right by whole

258
00:11:49,050 --> 00:11:46,990
trees and yeah could be anything it

259
00:11:50,970 --> 00:11:49,060
could have been anything but because I

260
00:11:54,750 --> 00:11:50,980
was actually still sailing the boat I

261
00:11:57,420 --> 00:11:54,760
was going fairly fast forward across

262
00:12:00,030 --> 00:11:57,430
these waves and the blow came from the

263
00:12:01,500 --> 00:12:00,040

side my presumption was that it wasn't a

264

00:12:04,170 --> 00:12:01,510

container or something like that that

265

00:12:06,389 --> 00:12:04,180

probably would hit on the forward part

266

00:12:08,100 --> 00:12:06,399

of the boat but was probably something

267

00:12:11,100 --> 00:12:08,110

that kind of hit the side of the boat

268

00:12:13,170 --> 00:12:11,110

and I had hit a whale previously in 1979

269

00:12:15,480 --> 00:12:13,180

broad daylight I was steering and it

270

00:12:17,310 --> 00:12:15,490

just was this it's almost impossible to

271

00:12:19,800 --> 00:12:17,320

see them if there are any kind of waves

272

00:12:21,449 --> 00:12:19,810

out you know they're like logs awash in

273

00:12:23,850 --> 00:12:21,459

fact a lot of times they are totally

274

00:12:28,139 --> 00:12:23,860

awash and you just see little parts of

275

00:12:30,810 --> 00:12:28,149

their backs and and you know a number of

276

00:12:32,400 --> 00:12:30,820

people I've known have hit whales or

277

00:12:34,110 --> 00:12:32,410

whales have hit them and see what

278

00:12:36,329 --> 00:12:34,120

doesn't make a lot of noise yeah

279

00:12:37,980 --> 00:12:36,339

especially in a stormy condition where

280

00:12:40,199 --> 00:12:37,990

waves are breaking and stuff it makes

281

00:12:43,139 --> 00:12:40,209

almost no noise compared to the way so I

282

00:12:45,180 --> 00:12:43,149

think we were probably just like going

283

00:12:47,520 --> 00:12:45,190

on our merry way and

284

00:12:49,110 --> 00:12:47,530

just a bump head just bumped had yeah of

285

00:12:52,110 --> 00:12:49,120

that but you know it's a lot stronger

286

00:12:52,950 --> 00:12:52,120

than whales a lot stronger than a little

287

00:12:55,500 --> 00:12:52,960

boat okay

288

00:12:57,660 --> 00:12:55,510

now you had a crack you had a crack in

289

00:13:00,330 --> 00:12:57,670

the hull and when you were crossing the

290

00:13:02,490 --> 00:13:00,340

Atlantic that you repaired in France was

291

00:13:05,970 --> 00:13:02,500

it worse someplace like in Spain after

292

00:13:08,160 --> 00:13:05,980

it when I left um no the crossing to

293

00:13:10,650 --> 00:13:08,170

England went extremely well well

294

00:13:12,290 --> 00:13:10,660

initially I broke the mast and had to

295

00:13:14,250 --> 00:13:12,300

get go back to the States at a

296

00:13:16,260 --> 00:13:14,260

jury-rigged and sail it back of the

297

00:13:21,180 --> 00:13:16,270

states and re-rig it well then we

298

00:13:23,850 --> 00:13:21,190

strengthen the the rig and and set off

299

00:13:28,050 --> 00:13:23,860

and then had a pretty flawless trip to

300

00:13:30,540 --> 00:13:28,060

England despite some gales and whatnot

301
00:13:32,730 --> 00:13:30,550
and but then at the beginning of this

302
00:13:35,730 --> 00:13:32,740
race as I was crossing the Bay of Biscay

303
00:13:37,530 --> 00:13:35,740
it was really nasty nasty weather like I

304
00:13:39,090 --> 00:13:37,540
say it's numbered I think they lost

305
00:13:43,020 --> 00:13:39,100
three or four boats in the same

306
00:13:45,780 --> 00:13:43,030
locations and I was really smash across

307
00:13:49,080 --> 00:13:45,790
these waves and and I had a crack and

308
00:13:52,020 --> 00:13:49,090
developed just under the deck on one

309
00:13:54,150 --> 00:13:52,030
side and so I sailed a boat into Locker

310
00:13:56,070 --> 00:13:54,160
in Ian the north of Spain and did

311
00:13:56,610 --> 00:13:56,080
repairs there and waited there for like

312
00:14:00,280 --> 00:13:56,620
a month

313
00:14:02,560 --> 00:14:00,290

of this gale force winds every day

314

00:14:04,509 --> 00:14:02,570

like a month and then set off again and

315

00:14:06,430 --> 00:14:04,519

got down to the Canaria you know went up

316

00:14:08,139 --> 00:14:06,440

to down the whole coast of Spain and

317

00:14:10,329 --> 00:14:08,149

Portugal up to the deer and then down to

318

00:14:13,480 --> 00:14:10,339

the Canaries now you built the boat

319

00:14:15,910 --> 00:14:13,490

yourself which is quite amazing but do

320

00:14:18,040 --> 00:14:15,920

you think that any of the integrity of

321

00:14:19,720 --> 00:14:18,050

the boat was because it was a built

322

00:14:23,829 --> 00:14:19,730

though or do you think that it was just

323

00:14:27,340 --> 00:14:23,839

as salt as any it's hard to say I I

324

00:14:29,800 --> 00:14:27,350

think that you know it was built as a

325

00:14:31,930 --> 00:14:29,810

little cruising boat but you know not

326

00:14:33,970 --> 00:14:31,940

many people take both sides you know

327

00:14:35,769 --> 00:14:33,980

it's 21 feet so that's pretty small it's

328

00:14:37,809 --> 00:14:35,779

kind of like your average van or

329

00:14:39,639 --> 00:14:37,819

something you know yeah taking it there

330

00:14:40,930 --> 00:14:39,649

are the boats that got plenty of us that

331

00:14:43,059 --> 00:14:40,940

got across the ocean of that size or

332

00:14:45,449 --> 00:14:43,069

smaller spec yes now but at the time it

333

00:14:48,280 --> 00:14:45,459

certainly wasn't common no it's probably

334

00:14:50,980 --> 00:14:48,290

maybe a dozen people in America who had

335

00:14:53,350 --> 00:14:50,990

ever crossed the ocean in that size of

336

00:14:56,259 --> 00:14:53,360

boat and you know all boats are

337

00:14:58,449 --> 00:14:56,269

vulnerable yeah and there's a balance in

338

00:15:01,540 --> 00:14:58,459

structure because force is equal to mass

339

00:15:04,030 --> 00:15:01,550

times acceleration or deceleration so

340

00:15:06,280 --> 00:15:04,040

they have you make something like above

341

00:15:09,129 --> 00:15:06,290

the if you hit something or something

342

00:15:12,910 --> 00:15:09,139

hits you the larger the force is as well

343

00:15:15,400 --> 00:15:12,920

so there's a balance there and the boat

344

00:15:17,259 --> 00:15:15,410

was a cold molded boat which means it's

345

00:15:19,379 --> 00:15:17,269

basically plywood but you're making

346

00:15:25,240 --> 00:15:19,389

plywood in a three-dimensional in a

347

00:15:29,230 --> 00:15:25,250

curved shape and it although people been

348

00:15:31,210 --> 00:15:29,240

building boats this way for a while how

349

00:15:33,129 --> 00:15:31,220

tough to make the boat was still a bit

350

00:15:34,480 --> 00:15:33,139

of an open question and whatnot and I

351

00:15:36,100 --> 00:15:34,490

think I could have made it stronger I

352

00:15:37,509 --> 00:15:36,110

think it was partially my fault and

353

00:15:40,150 --> 00:15:37,519

that's why you know once I'm in the RAF

354

00:15:43,689 --> 00:15:40,160

I'm beating myself up about air all my

355

00:15:45,579 --> 00:15:43,699

mistakes yeah and I felt like I probably

356

00:15:48,280 --> 00:15:45,589

let the boat down that I didn't make it

357

00:15:49,629 --> 00:15:48,290

quite quite strong enough I'm gonna mate

358

00:15:52,509 --> 00:15:49,639

all the way across the Atlantic fine

359

00:15:54,370 --> 00:15:52,519

that you know on the way back and and I

360

00:15:57,370 --> 00:15:54,380

don't know if I had made it even twice

361

00:16:01,090 --> 00:15:57,380

as strong if it would have survived the

362

00:16:02,269 --> 00:16:01,100

operation because I known I right before

363

00:16:05,769 --> 00:16:02,279

I lost the boat I met

364

00:16:09,110 --> 00:16:05,779

the some French guys who were on a steel

365

00:16:14,389 --> 00:16:09,120

very conservative boat that got hit by

366

00:16:16,460 --> 00:16:14,399

an orca in a socket and Bailey's before

367

00:16:18,379 --> 00:16:16,470

me and the Robertsons were both on

368

00:16:24,369 --> 00:16:18,389

heavily built very conservative boats

369

00:16:28,999 --> 00:16:27,079

Butler after me as well as on a very

370

00:16:31,790 --> 00:16:29,009

conservative very heavily built boat

371

00:16:34,569 --> 00:16:31,800

that was sunk by whales so I the answer

372

00:16:37,100 --> 00:16:34,579

is I really have no idea now there was a

373

00:16:38,809 --> 00:16:37,110

friend of my crossing the Atlantic who

374

00:16:41,090 --> 00:16:38,819

told me this story he was out in the

375

00:16:44,059 --> 00:16:41,100

Atlantic he saw this a boat ahead of

376

00:16:46,040 --> 00:16:44,069

them sort of I don't know if it's a lane

377

00:16:47,509 --> 00:16:46,050

that you take or whatever but now so he

378

00:16:49,309 --> 00:16:47,519

saw the boat and he saw it was very very

379

00:16:52,519 --> 00:16:49,319

low in the ground it was a cement cast

380

00:16:55,369 --> 00:16:52,529

hull mm-hmm and the guy came up that was

381

00:16:57,679 --> 00:16:55,379

on the boat he was going solo and he was

382

00:16:59,540 --> 00:16:57,689

totally drunk and he said the boats

383

00:17:01,460 --> 00:16:59,550

going down it's a book they couldn't

384

00:17:03,739 --> 00:17:01,470

talk the guy would not come aboard their

385

00:17:05,480 --> 00:17:03,749

vote oh really so you know they radioed

386

00:17:08,389 --> 00:17:05,490

or whatever but can you imagine he means

387

00:17:10,730 --> 00:17:08,399

looks like he was clean he decided was

388

00:17:12,500 --> 00:17:10,740

the yeah well there's an interesting and

389

00:17:13,789 --> 00:17:12,510

there was actually I remember seeing

390

00:17:17,689 --> 00:17:13,799

some footage because I've been you know

391

00:17:20,480 --> 00:17:17,699

after my own experience especially I

392

00:17:22,279 --> 00:17:20,490

continued to be involved with survival

393

00:17:23,779 --> 00:17:22,289

and safety issues yes and going to

394

00:17:26,360 --> 00:17:23,789

conferences and all that kind of stuff

395

00:17:30,529 --> 00:17:26,370

and there was a very interesting video

396

00:17:33,560 --> 00:17:30,539

of a fishing boat that had turned turtle

397

00:17:37,730 --> 00:17:33,570

and was going down and there was a guy

398

00:17:39,919 --> 00:17:37,740

clutching the back of the rudder and

399

00:17:43,549 --> 00:17:39,929

there was a rescue boat that was five

400

00:17:46,310 --> 00:17:43,559

feet from him he would not let go he

401
00:17:48,350 --> 00:17:46,320
went right now oh my god Mitchell could

402
00:17:53,960 --> 00:17:48,360
not let go and I witnessed that myself

403
00:17:56,090 --> 00:17:53,970
with people I'm back in the mid-70s I

404
00:17:57,470 --> 00:17:56,100
was in a harbor anchored and this little

405
00:17:59,779 --> 00:17:57,480
boat comes into the harbour and it

406
00:18:00,720 --> 00:17:59,789
screwed up and ended up on the rocks and

407
00:18:03,659 --> 00:18:00,730
I went over

408
00:18:06,539 --> 00:18:03,669
there was a woman aboard and you could

409
00:18:11,220 --> 00:18:06,549
literally step off the boat onto a rock

410
00:18:15,360 --> 00:18:11,230
and she was clutched on to this lifeline

411
00:18:19,140 --> 00:18:15,370
staunch Anna and she she was she was

412
00:18:21,270 --> 00:18:19,150
completely frozen and unable to hear I

413
00:18:23,430 --> 00:18:21,280

think at the time she did have a tongue

414

00:18:26,220 --> 00:18:23,440

she was like catatonic and that's what

415

00:18:28,500 --> 00:18:26,230

happens when well we found in in

416

00:18:32,700 --> 00:18:28,510

survival scenarios in a very general

417

00:18:35,820 --> 00:18:32,710

sense looking at boy read fires and 911

418

00:18:44,130 --> 00:18:35,830

and stuff like that about 15% of people

419

00:18:45,960 --> 00:18:44,140

are highly skilled in being able to do

420

00:18:47,850 --> 00:18:45,970

what kind of psychological splitting

421

00:18:50,010 --> 00:18:47,860

they might be frightened and freaked out

422

00:18:51,870 --> 00:18:50,020

in whatnot but they're also able to kind

423

00:18:53,930 --> 00:18:51,880

of function on what they need to do and

424

00:18:57,240 --> 00:18:53,940

assessing risks and things like that and

425

00:18:59,190 --> 00:18:57,250

about 15% of people will either be you

426
00:19:01,320 --> 00:18:59,200
know why we panicking running around

427
00:19:05,159 --> 00:19:01,330
like you know the proverbial chicken

428
00:19:07,110 --> 00:19:05,169
with their head cut off or in this kind

429
00:19:10,740 --> 00:19:07,120
of catatonic state a totally

430
00:19:13,770 --> 00:19:10,750
dysfunctional um and about two-thirds of

431
00:19:15,780 --> 00:19:13,780
people roughly are can be functional but

432
00:19:18,710 --> 00:19:15,790
they need some kind of guidance it's

433
00:19:22,919 --> 00:19:18,720
like the in its you know if you look at

434
00:19:26,190 --> 00:19:22,929
like in the ghettos in Nazi Germany that

435
00:19:28,980 --> 00:19:26,200
were being emptied out people knew kind

436
00:19:31,020 --> 00:19:28,990
of had an idea this wasn't a good scene

437
00:19:32,640 --> 00:19:31,030
so what did they do they went back to

438
00:19:33,780 --> 00:19:32,650

the they went back to their apartments

439

00:19:36,000 --> 00:19:33,790

or wherever they're living they would

440

00:19:40,320 --> 00:19:36,010

clean up and stuff and that happens even

441

00:19:41,640 --> 00:19:40,330

in things like in in you know 911 and

442

00:19:45,630 --> 00:19:41,650

stuff it's a very common thing for

443

00:19:48,570 --> 00:19:45,640

people to hold they hold meetings to

444

00:19:50,789 --> 00:19:48,580

discuss what to do or they would go back

445

00:19:55,710 --> 00:19:50,799

to their desks and tidy up and things

446

00:19:58,830 --> 00:19:55,720

like that you know so but if with a bit

447

00:20:01,350 --> 00:19:58,840

of guidance with the 15% or highly you

448

00:20:04,200 --> 00:20:01,360

know functional in that time if they can

449

00:20:05,100 --> 00:20:04,210

get people give people this guidance

450

00:20:07,110 --> 00:20:05,110

didn't they

451

00:20:08,220 --> 00:20:07,120

be highly functional but but but they

452

00:20:10,140 --> 00:20:08,230

just can't do it on their own because

453

00:20:12,980 --> 00:20:10,150

this is too overwhelming yeah you know

454

00:20:15,270 --> 00:20:12,990

it's like sensory overload and

455

00:20:16,890 --> 00:20:15,280

especially if you're unfamiliar with the

456

00:20:18,720 --> 00:20:16,900

environment at least I was familiar with

457

00:20:22,410 --> 00:20:18,730

my environment and I'd gone through all

458

00:20:25,200 --> 00:20:22,420

kinds of scenarios in my head and had

459

00:20:27,870 --> 00:20:25,210

gone through you know a lot of

460

00:20:31,140 --> 00:20:27,880

experiences offshore where I had to deal

461

00:20:33,210 --> 00:20:31,150

with problems you know so I was actually

462

00:20:35,400 --> 00:20:33,220

in a pretty fortunate position compared

463

00:20:36,480 --> 00:20:35,410

to somebody who's like I don't know

464

00:20:37,530 --> 00:20:36,490

they're just out in their daily thing

465

00:20:39,150 --> 00:20:37,540

and all of a sudden there's a terrorist

466

00:20:41,159 --> 00:20:39,160

attack or something like that which is

467

00:20:44,220 --> 00:20:41,169

like all of a sudden you're overwhelmed

468

00:20:47,850 --> 00:20:44,230

by completely unexpected circumstances

469

00:20:49,970 --> 00:20:47,860

sure yeah so so you're you're you're on

470

00:20:52,950 --> 00:20:49,980

the raft and you realize that you have

471

00:20:54,659 --> 00:20:52,960

some food and your sleeping bag and

472

00:20:57,030 --> 00:20:54,669

stuff like that that you have a lot of

473

00:20:59,039 --> 00:20:57,040

equipment left in the boat so each time

474

00:21:00,690 --> 00:20:59,049

you went back to the boat and you went

475

00:21:03,360 --> 00:21:00,700

down inside well there's one time where

476

00:21:05,580 --> 00:21:03,370

you got locked the yeah I thought the

477

00:21:07,110 --> 00:21:05,590

bag was going down yeah how could you

478

00:21:08,760 --> 00:21:07,120

not think anything else in the boat was

479

00:21:10,560 --> 00:21:08,770

going to go down while you're inside of

480

00:21:12,210 --> 00:21:10,570

it and there must been off it was like

481

00:21:13,680 --> 00:21:12,220

it was pretty horrifying moment but

482

00:21:16,320 --> 00:21:13,690

fortunately it was just one of these

483

00:21:18,990 --> 00:21:16,330

things of you know only lasted a moment

484

00:21:21,000 --> 00:21:19,000

Aiyaa was i was going back the boat you

485

00:21:22,770 --> 00:21:21,010

know the the raft has kind of standard

486

00:21:25,200 --> 00:21:22,780

gear in it but I had a ditch kit all

487

00:21:27,000 --> 00:21:25,210

made up with emergency gear and so the

488

00:21:29,610 --> 00:21:27,010

first thing was to get that out and then

489

00:21:34,530 --> 00:21:29,620

it was insulation you know you don't say

490

00:21:37,080 --> 00:21:34,540

that you need what clothes food and

491

00:21:41,700 --> 00:21:37,090

water to survive well that's actually

492

00:21:43,500 --> 00:21:41,710

incorrect or oversimplified it's missing

493

00:21:48,630 --> 00:21:43,510

something critical and it ones double

494

00:21:51,060 --> 00:21:48,640

the clothing food shelter and clothing

495

00:21:52,830 --> 00:21:51,070

are the same thing you need insulation

496

00:21:54,330 --> 00:21:52,840

from the environment and you need food

497

00:21:56,520 --> 00:21:54,340

but you don't need food for like a month

498

00:21:57,960 --> 00:21:56,530

right well I mean you might need it be

499

00:21:59,850 --> 00:21:57,970

useful before that but you can live up

500

00:22:02,520 --> 00:21:59,860

to about a month without food what you

501
00:22:04,020 --> 00:22:02,530
really need is you need insulation from

502
00:22:06,510 --> 00:22:04,030
the environment which can kill you in

503
00:22:12,180 --> 00:22:06,520
minutes yeah through hypothermia or

504
00:22:14,530 --> 00:22:12,190
overheating you need water yeah and you

505
00:22:16,630 --> 00:22:14,540
need food longer-term and

506
00:22:19,420 --> 00:22:16,640
of course this is presuming that you're

507
00:22:20,770 --> 00:22:19,430
not injured critically which there's not

508
00:22:22,750 --> 00:22:20,780
a lot you're going to do in a life raft

509
00:22:24,310 --> 00:22:22,760
yeah for that if you're critically

510
00:22:24,790 --> 00:22:24,320
injured you're kind of toast that's

511
00:22:31,000 --> 00:22:24,800
right

512
00:22:32,500 --> 00:22:31,010
to get more insulation it was cold

513
00:22:34,150 --> 00:22:32,510

enough especially at night hypothermia

514

00:22:36,250 --> 00:22:34,160

was a real problem the first half of the

515

00:22:38,170 --> 00:22:36,260

voyage second half of the problem would

516

00:22:40,150 --> 00:22:38,180

be overheating during the day but the

517

00:22:42,700 --> 00:22:40,160

first half was trying to stay warm at

518

00:22:45,190 --> 00:22:42,710

night so I got a garden wood piece of

519

00:22:47,290 --> 00:22:45,200

cushion and a sleeping bag even though

520

00:22:49,600 --> 00:22:47,300

they were wet a lot of the time they

521

00:22:52,240 --> 00:22:49,610

gave me some critical insulation plus I

522

00:22:54,850 --> 00:22:52,250

had space blanket that kind of thing oh

523

00:22:56,590 --> 00:22:54,860

and so I got all that stuff out of the

524

00:22:59,470 --> 00:22:56,600

boat fortunately but one time though

525

00:23:00,970 --> 00:22:59,480

it's down getting stuff and I came up to

526

00:23:02,950 --> 00:23:00,980

the hatch and a hatch got slammed shut

527

00:23:04,720 --> 00:23:02,960

and all I sucked you know it was at

528

00:23:07,270 --> 00:23:04,730

night you couldn't see a lot but I knew

529

00:23:08,770 --> 00:23:07,280

there was water over the top so I

530

00:23:10,090 --> 00:23:08,780

thought that was it the boat was going

531

00:23:12,300 --> 00:23:10,100

straight down but fortunately it was

532

00:23:15,040 --> 00:23:12,310

just a wave that was kind of passing and

533

00:23:18,040 --> 00:23:15,050

it went by and I was able to get the

534

00:23:20,020 --> 00:23:18,050

hatch open and get up and get into the

535

00:23:22,210 --> 00:23:20,030

raft a million things going through your

536

00:23:27,280 --> 00:23:22,220

head at the same time yeah there's a lot

537

00:23:29,020 --> 00:23:27,290

of you know people are I I don't look at

538

00:23:31,570 --> 00:23:29,030

people as being single dimensional we're

539

00:23:33,220 --> 00:23:31,580

all multi-dimensional we don't just when

540

00:23:34,800 --> 00:23:33,230

you say well what you think about this

541

00:23:38,800 --> 00:23:34,810

or what you feel about that actually

542

00:23:40,590 --> 00:23:38,810

most people if they're normal they think

543

00:23:43,780 --> 00:23:40,600

a lot of different things about any

544

00:23:45,760 --> 00:23:43,790

especially important issue and they feel

545

00:23:48,790 --> 00:23:45,770

a lot of different ways you know you you

546

00:23:50,620 --> 00:23:48,800

I don't know you is saying goes you know

547

00:23:53,020 --> 00:23:50,630

you you you love your spouse and you

548

00:23:55,240 --> 00:23:53,030

want to kill them happy yeah you know we

549

00:24:00,700 --> 00:23:55,250

all have these different things going on

550

00:24:02,410 --> 00:24:00,710

so in in this situation you know I was

551
00:24:03,869 --> 00:24:02,420
actually quite aware that there were all

552
00:24:05,579 --> 00:24:03,879
these voices in my head counting

553
00:24:07,199 --> 00:24:05,589
going on at the same time as the boat

554
00:24:10,739 --> 00:24:07,209
was going down there was part of me that

555
00:24:13,049 --> 00:24:10,749
was certainly completely freaked out

556
00:24:15,029 --> 00:24:13,059
frightened part of me that was like I'll

557
00:24:17,639 --> 00:24:15,039
forget about it you're not even man get

558
00:24:19,379 --> 00:24:17,649
out of here sort of giving up there was

559
00:24:21,389 --> 00:24:19,389
a part of me that's telling those voices

560
00:24:23,489 --> 00:24:21,399
just shut the hell up yeah yeah and

561
00:24:24,569 --> 00:24:23,499
concentrate on what I needed to do and

562
00:24:27,839 --> 00:24:24,579
there was part of me that was even a

563
00:24:29,369 --> 00:24:27,849

little amused by you know when we find

564

00:24:31,709 --> 00:24:29,379

the sort of gallows humor equate game

565

00:24:33,269 --> 00:24:31,719

and survival stories right so you know I

566

00:24:35,189 --> 00:24:33,279

get up on the deck and I see that the

567

00:24:37,409 --> 00:24:35,199

electrical system of the boats kind of

568

00:24:39,299 --> 00:24:37,419

fused together and the the camera I have

569

00:24:40,589 --> 00:24:39,309

mounted I have a little film camera

570

00:24:41,669 --> 00:24:40,599

mounted on the aft end of the boat

571

00:24:45,359 --> 00:24:41,679

that's taking this really dramatic

572

00:24:47,549 --> 00:24:45,369

footage yeah that's right yeah that was

573

00:24:49,949 --> 00:24:47,559

pretty amusing actually and in through

574

00:24:52,099 --> 00:24:49,959

the voyage I would try to hang on to

575

00:24:54,779 --> 00:24:52,109

that you know not to suffer as the

576

00:24:59,309 --> 00:24:54,789

military turned in a sense of humor

577

00:25:02,459 --> 00:24:59,319

failure so even in dismal times you can

578

00:25:06,180 --> 00:25:02,469

find something - I don't know it not

579

00:25:08,069 --> 00:25:06,190

laugh at at least smile at ya now there

580

00:25:11,129 --> 00:25:08,079

were I wouldn't even know if you ever

581

00:25:13,529 --> 00:25:11,139

counted how many different ways that you

582

00:25:16,559 --> 00:25:13,539

could have died that you were able to

583

00:25:20,549 --> 00:25:16,569

say but as countless things that were

584

00:25:22,680 --> 00:25:20,559

happening on this 76 days and you know

585

00:25:24,599 --> 00:25:22,690

so I'd like to talk a little bit about

586

00:25:27,749 --> 00:25:24,609

that and I know you were your bike was

587

00:25:30,719 --> 00:25:27,759

saved by a fork it was saying Baba as

588

00:25:32,999 --> 00:25:30,729

you say by any number thousand solve a

589

00:25:35,159 --> 00:25:33,009

problem ilion's billions of things

590

00:25:37,379 --> 00:25:35,169

really if you think about them sure no

591

00:25:39,479 --> 00:25:37,389

just yeah you know it's amazing that we

592

00:25:42,239 --> 00:25:39,489

have life at all that the water is the

593

00:25:44,789 --> 00:25:42,249

peculiar substance it is and has its

594

00:25:46,709 --> 00:25:44,799

properties or we wouldn't even be alive

595

00:25:48,599 --> 00:25:46,719

that's right here yeah yeah but ice the

596

00:25:51,389 --> 00:25:48,609

way I spoke on the top of the al I know

597

00:25:54,559 --> 00:25:51,399

so I don't know I

598

00:25:57,180 --> 00:25:54,569

but even ignoring those you know even

599

00:26:01,019 --> 00:25:57,190

getting focusing on the more obvious

600

00:26:03,930 --> 00:26:01,029

things you know that anything floats in

601
00:26:06,209 --> 00:26:03,940
the ocean is little island develops in

602
00:26:07,790 --> 00:26:06,219
Island ecology and that's what survivors

603
00:26:09,980 --> 00:26:07,800
live on

604
00:26:12,140 --> 00:26:09,990
in division have the same guarding the

605
00:26:14,480 --> 00:26:12,150
fish start following it yeah yeah the

606
00:26:18,080 --> 00:26:14,490
fish started gathering I don't know

607
00:26:20,480 --> 00:26:18,090
within a few days and the school would

608
00:26:22,640 --> 00:26:20,490
build over time through the end of the

609
00:26:24,740 --> 00:26:22,650
voyage and they'd use it I thought that

610
00:26:28,640 --> 00:26:24,750
they'd use the raft as kind of a social

611
00:26:30,470 --> 00:26:28,650
center if you will and just that alone

612
00:26:33,440 --> 00:26:30,480
if I come close enough to me where I

613
00:26:35,330 --> 00:26:33,450

could actually catch them you know

614

00:26:37,370 --> 00:26:35,340

millions of things in the end of the

615

00:26:39,590 --> 00:26:37,380

voyage you know the kind of the

616

00:26:41,630 --> 00:26:39,600

culmination when I was rescued was

617

00:26:43,970 --> 00:26:41,640

because of this environment that had

618

00:26:46,610 --> 00:26:43,980

evolved around the raft I mean really

619

00:26:49,669 --> 00:26:46,620

the story of the drift is really it's

620

00:26:52,820 --> 00:26:49,679

not like Steven Callahan heroic floatie

621

00:26:54,620 --> 00:26:52,830

survivor it's really Steven Callahan in

622

00:26:57,770 --> 00:26:54,630

depth humanoid in this amazing

623

00:27:00,260 --> 00:26:57,780

wilderness environment that that brought

624

00:27:02,210 --> 00:27:00,270

to bear so many amazing little

625

00:27:04,400 --> 00:27:02,220

coincidences and things that went just

626

00:27:07,490 --> 00:27:04,410

right that allowed me to witness it in

627

00:27:10,340 --> 00:27:07,500

to survive in the end I was I was the

628

00:27:12,440 --> 00:27:10,350

clumsy observer the stars of the show

629

00:27:16,190 --> 00:27:12,450

were like the direito upon which I lived

630

00:27:18,110 --> 00:27:16,200

in the environment overall yeah yeah now

631

00:27:20,390 --> 00:27:18,120

when you were able to actually spear

632

00:27:22,340 --> 00:27:20,400

your first one was that fairly soon in

633

00:27:25,520 --> 00:27:22,350

your your drift

634

00:27:28,790 --> 00:27:25,530

no let's it took almost two weeks oh wow

635

00:27:31,790 --> 00:27:28,800

yeah look you know if you look at the I

636

00:27:34,430 --> 00:27:31,800

don't know the arc of the survival story

637

00:27:36,799 --> 00:27:34,440

people divvy it up in lots of different

638

00:27:41,060 --> 00:27:36,809

ways conceptual ways and whatnot the the

639

00:27:43,430 --> 00:27:41,070

way I look at the models that I use are

640

00:27:46,880 --> 00:27:43,440

more or less chronological there's not

641

00:27:48,830 --> 00:27:46,890

and you know they're not fixed rules and

642

00:27:50,060 --> 00:27:48,840

one bleeds into another but generally

643

00:27:52,490 --> 00:27:50,070

speaking you know there's like pre

644

00:27:53,210 --> 00:27:52,500

impact how are prepare to you for what

645

00:27:55,700 --> 00:27:53,220

might happen

646

00:27:58,040 --> 00:27:55,710

then there's impact itself which in my

647

00:28:00,860 --> 00:27:58,050

case is the boats going down and you

648

00:28:02,990 --> 00:28:00,870

know or fires your house catches on fire

649

00:28:06,020 --> 00:28:03,000

it's escaping that immediate threat and

650

00:28:08,750 --> 00:28:06,030

then you enter into what actually is

651
00:28:11,870 --> 00:28:08,760
often the most difficult period for most

652
00:28:13,580 --> 00:28:11,880
survivors if once they escaped the

653
00:28:16,370 --> 00:28:13,590
immediate threat and that's sometimes

654
00:28:18,140 --> 00:28:16,380
called recoil for me that lasted about

655
00:28:18,570 --> 00:28:18,150
two weeks and that's a period of time

656
00:28:21,840 --> 00:28:18,580
where you

657
00:28:23,850 --> 00:28:21,850
don't really know how am I going to make

658
00:28:25,860 --> 00:28:23,860
a living out here I mean I you know I

659
00:28:28,289 --> 00:28:25,870
even is prepared as I thought it was

660
00:28:29,940 --> 00:28:28,299
it's like so overwhelming to think that

661
00:28:33,330 --> 00:28:29,950
I'm going to get to the shipping lanes

662
00:28:35,220 --> 00:28:33,340
not to mention 2,000 miles down into the

663
00:28:36,870 --> 00:28:35,230

Caribbean islands which is where I'm

664

00:28:38,820 --> 00:28:36,880

going to go eventually I don't have

665

00:28:40,860 --> 00:28:38,830

enough food water to make it to the

666

00:28:43,230 --> 00:28:40,870

shipping lanes the ocean is dead clear I

667

00:28:45,600 --> 00:28:43,240

don't you know and it takes a while for

668

00:28:47,880 --> 00:28:45,610

things to start evolving if you figure

669

00:28:49,980 --> 00:28:47,890

out systems so for me it was you know to

670

00:28:52,529 --> 00:28:49,990

produce water to catch fish those were

671

00:28:54,299 --> 00:28:52,539

the two primary problems and some leaks

672

00:28:57,480 --> 00:28:54,309

in the raft and other adjustments to

673

00:28:58,830 --> 00:28:57,490

make but those are the big things and it

674

00:29:01,830 --> 00:28:58,840

took just took a while for that

675

00:29:05,009 --> 00:29:01,840

ecosystem to start developing and these

676
00:29:07,830 --> 00:29:05,019
fish are not stupid in fact they show me

677
00:29:10,139 --> 00:29:07,840
they're a lot smarter than me which may

678
00:29:12,870 --> 00:29:10,149
not take a lot but they they were

679
00:29:15,930 --> 00:29:12,880
incredibly fast you know direito you

680
00:29:16,440 --> 00:29:15,940
know they're fast fish faggin swim at 50

681
00:29:21,810 --> 00:29:16,450
knots

682
00:29:23,519 --> 00:29:21,820
that you know they catch flying fish in

683
00:29:27,690 --> 00:29:23,529
the air and stuff like that they're

684
00:29:33,029 --> 00:29:27,700
pretty smart and so you know for example

685
00:29:34,590 --> 00:29:33,039
I had a spear gun and which I bought is

686
00:29:37,799 --> 00:29:34,600
this kind of little teeny thing almost

687
00:29:40,300 --> 00:29:37,809
like a a toy but I thought it would be

688
00:29:41,659 --> 00:29:40,310

useful especially in the Caribbean and

689

00:29:45,840 --> 00:29:41,669

[Music]

690

00:29:48,060 --> 00:29:45,850

so I'm shooting it the it the fish and

691

00:29:49,830 --> 00:29:48,070

I'm but it's difficult you're above the

692

00:29:52,460 --> 00:29:49,840

water and you have a fraction problem or

693

00:29:55,470 --> 00:29:52,470

the line they're moving very quickly and

694

00:29:57,330 --> 00:29:55,480

so I hit several and within 24 hours

695

00:30:00,299 --> 00:29:57,340

they knew exactly what the Ranger that

696

00:30:02,850 --> 00:30:00,309

spirit is maybe like swimming around the

697

00:30:04,169 --> 00:30:02,860

raft and now just got a range and but

698

00:30:05,789 --> 00:30:04,179

then they sneak attack because they do

699

00:30:07,769 --> 00:30:05,799

this thing they bolt the bottom of the

700

00:30:10,519 --> 00:30:07,779

raft and we're still have no idea some

701
00:30:12,960 --> 00:30:10,529
people speculate that they're rubbing

702
00:30:16,169 --> 00:30:12,970
things off there's tears my hair sites

703
00:30:21,000 --> 00:30:16,179
or whatever but you know they noticed

704
00:30:23,870 --> 00:30:21,010
this before in this behavior and so they

705
00:30:25,820 --> 00:30:23,880
would bump the bottom of the raft and

706
00:30:27,410 --> 00:30:25,830
they had different personalities

707
00:30:29,750 --> 00:30:27,420
actually I could tell them by the end of

708
00:30:31,160 --> 00:30:29,760
the voyage by behavior patterns and you

709
00:30:33,590 --> 00:30:31,170
know that's big nail would love to come

710
00:30:34,970 --> 00:30:33,600
up on the around the raft and smack it

711
00:30:36,890 --> 00:30:34,980
with his tail and kind of push it around

712
00:30:39,170 --> 00:30:36,900
on the ocean like it was a toy or

713
00:30:41,630 --> 00:30:39,180

something then and all of that but

714

00:30:44,630 --> 00:30:41,640

eventually that would I would use that

715

00:30:46,550 --> 00:30:44,640

to my advantage I push my knees down

716

00:30:48,800 --> 00:30:46,560

you know the floor is only like an

717

00:30:50,930 --> 00:30:48,810

eighth inch of reinforced rubber so it's

718

00:30:52,670 --> 00:30:50,940

like it's almost like literally walking

719

00:30:54,050 --> 00:30:52,680

on water you feel every little waterbed

720

00:30:57,320 --> 00:30:54,060

well yeah exactly

721

00:30:58,960 --> 00:30:57,330

I like you to do a waterbed living with

722

00:31:01,220 --> 00:30:58,970

a couple of kangaroos because it's a

723

00:31:04,850 --> 00:31:01,230

housing around everywhere all the time

724

00:31:06,680 --> 00:31:04,860

yeah but that allowed me to push

725

00:31:08,180 --> 00:31:06,690

something down and the the fish we tend

726

00:31:10,180 --> 00:31:08,190

to come up and bump my knees or anything

727

00:31:12,230 --> 00:31:10,190

that was pressing down on the floor and

728

00:31:17,120 --> 00:31:12,240

that would get them close enough to

729

00:31:19,190 --> 00:31:17,130

where I could finally spear them I tried

730

00:31:22,580 --> 00:31:19,200

it with a line a couple of times that

731

00:31:24,890 --> 00:31:22,590

was a total failure yeah you know they

732

00:31:26,480 --> 00:31:24,900

just bite through the line and I found a

733

00:31:28,580 --> 00:31:26,490

piece of wire and put that you know I

734

00:31:30,830 --> 00:31:28,590

was making these lures out of bits of

735

00:31:33,620 --> 00:31:30,840

couple flying fish landed aboard so I

736

00:31:35,120 --> 00:31:33,630

cut the Middle's out that and stuck the

737

00:31:37,370 --> 00:31:35,130

head in the tail together and made a

738

00:31:39,380 --> 00:31:37,380

lure out of it and the fly you know the

739

00:31:41,180 --> 00:31:39,390

direito went right after that but the

740

00:31:43,070 --> 00:31:41,190

first they just bite off the line and

741

00:31:44,510 --> 00:31:43,080

then I found a piece of wire and I put

742

00:31:46,700 --> 00:31:44,520

that to get you know for a piece of

743

00:31:48,950 --> 00:31:46,710

leader and as soon as the next fish was

744

00:31:50,330 --> 00:31:48,960

hooked it just swam really fast forward

745

00:31:52,790 --> 00:31:50,340

to the front of the leader and clipped

746

00:31:55,040 --> 00:31:52,800

off the line so I never caught a fish

747

00:31:56,660 --> 00:31:55,050

with line so if you didn't have that

748

00:31:58,520 --> 00:31:56,670

spear gun that's another thing you

749

00:32:00,710 --> 00:31:58,530

didn't have that spear gun with you you

750

00:32:03,530 --> 00:32:00,720

would have been finished basically yeah

751
00:32:05,450 --> 00:32:03,540
a problem probably no you never know you

752
00:32:07,940 --> 00:32:05,460
know people who survived you know you

753
00:32:09,620 --> 00:32:07,950
adapt to whatever you have you know

754
00:32:15,320 --> 00:32:09,630
you're in an isolated environment with

755
00:32:18,790 --> 00:32:15,330
limited resources and it's amazing to

756
00:32:21,380 --> 00:32:18,800
see how survivors have adapted over time

757
00:32:24,050 --> 00:32:21,390
many of them do this guy khun lim who

758
00:32:27,080 --> 00:32:24,060
during the war was on the solid wooden

759
00:32:29,210 --> 00:32:27,090
raft and he pulled nails out and bent

760
00:32:31,610 --> 00:32:29,220
them and used them for hooks and was

761
00:32:34,700 --> 00:32:31,620
able to get little fish and bigger fish

762
00:32:36,080 --> 00:32:34,710
and so who knows i have no idea but the

763
00:32:39,120 --> 00:32:36,090

spear gun was my

764

00:32:40,860 --> 00:32:39,130

zavier now let's talk of water is like

765

00:32:43,170 --> 00:32:40,870

the most essential that you mentioned of

766

00:32:45,840 --> 00:32:43,180

course you know if you didn't have that

767

00:32:48,510 --> 00:32:45,850

padding your body would have you would

768

00:32:49,980 --> 00:32:48,520

have died from hypothermia because of

769

00:32:51,210 --> 00:32:49,990

though that would have just drawn all

770

00:32:54,120 --> 00:32:51,220

the heat right out of your body just

771

00:32:57,240 --> 00:32:54,130

right on the rubber but um this stills

772

00:32:59,310 --> 00:32:57,250

you had 3 stills right and two of them

773

00:33:00,300 --> 00:32:59,320

failed or you took one apart yeah I took

774

00:33:04,020 --> 00:33:00,310

the first one apart

775

00:33:05,580 --> 00:33:04,030

I had part of that was the year that was

776

00:33:06,920 --> 00:33:05,590

the extra gear that was packed in the

777

00:33:09,240 --> 00:33:06,930

raft there were two in the raft

778

00:33:11,850 --> 00:33:09,250

fortunately and I had an extra one in my

779

00:33:16,890 --> 00:33:11,860

ditch kit and I tried to use them these

780

00:33:18,390 --> 00:33:16,900

these were I to explain you know i've

781

00:33:19,770 --> 00:33:18,400

diagrams in the drift and stuff that

782

00:33:21,570 --> 00:33:19,780

kind of explains all this they were

783

00:33:23,940 --> 00:33:21,580

produced during the Second World War for

784

00:33:25,500 --> 00:33:23,950

pilots and the idea was if they got down

785

00:33:28,500 --> 00:33:25,510

to the ocean they could set these things

786

00:33:30,570 --> 00:33:28,510

up and produce fresh water but as far as

787

00:33:31,650 --> 00:33:30,580

I know I mean you know honestly I have

788

00:33:35,370 --> 00:33:31,660

talked about this

789

00:33:38,220 --> 00:33:35,380

like you say zillion times and to all

790

00:33:40,740 --> 00:33:38,230

kinds of audiences with you know World

791

00:33:43,290 --> 00:33:40,750

War two vets and all that and I've never

792

00:33:44,730 --> 00:33:43,300

read about or heard anyone who's

793

00:33:49,620 --> 00:33:44,740

actually got one to work in the real

794

00:33:51,210 --> 00:33:49,630

world yeah they were great in theory but

795

00:33:54,960 --> 00:33:51,220

you were supposed to float them in the

796

00:33:57,180 --> 00:33:54,970

ocean and that definitely did not work

797

00:33:59,430 --> 00:33:57,190

because the ocean is not like a pool

798

00:34:01,770 --> 00:33:59,440

it's a very dynamic environment and just

799

00:34:04,080 --> 00:34:01,780

like when the rat I was in in you know

800

00:34:06,390 --> 00:34:04,090

in a car accident in the raft I do a

801
00:34:09,780 --> 00:34:06,400
very stable boat the raft was very

802
00:34:12,030 --> 00:34:09,790
stable compared to this balloon still

803
00:34:13,620 --> 00:34:12,040
that we go skating off with every wave

804
00:34:16,110 --> 00:34:13,630
and come to the end of its tether and

805
00:34:18,270 --> 00:34:16,120
jerk get jerked and they were they were

806
00:34:20,550 --> 00:34:18,280
getting torn apart and all that and

807
00:34:23,669 --> 00:34:20,560
basically it's like a little atmosphere

808
00:34:24,870 --> 00:34:23,679
you drift but you pour in seawater in

809
00:34:27,150 --> 00:34:24,880
the top it drips through this teeny

810
00:34:30,419 --> 00:34:27,160
teeny little valve onto a black cloth

811
00:34:32,520 --> 00:34:30,429
it's suspended inside the balloon so the

812
00:34:34,919 --> 00:34:32,530
Sun comes out evaporates the fresh water

813
00:34:37,919 --> 00:34:34,929

out of the sea water off the black cloth

814

00:34:40,010 --> 00:34:37,929

and it collects on the outside or the

815

00:34:41,780 --> 00:34:40,020

inside of this balloon and rain

816

00:34:45,320 --> 00:34:41,790

down to a little collection bag that's

817

00:34:46,909 --> 00:34:45,330

fine in theory but all the excess

818

00:34:48,980 --> 00:34:46,919

seawater has to wash through the bottom

819

00:34:51,110 --> 00:34:48,990

so it has a cloth on the bottom cotton

820

00:34:54,470 --> 00:34:51,120

cloth when it's wet is airtight but it's

821

00:34:55,760 --> 00:34:54,480

not watertight water will leach through

822

00:34:58,340 --> 00:34:55,770

it but if you'd like if you're in an

823

00:35:01,040 --> 00:34:58,350

emergency and the water I doubted this

824

00:35:04,070 --> 00:35:01,050

shirt I can make a life jacket by making

825

00:35:05,960 --> 00:35:04,080

sure the it's buttoned up all tight like

826

00:35:09,410 --> 00:35:05,970

that and blowing it full of air and

827

00:35:11,900 --> 00:35:09,420

it'll fill up with air so what would

828

00:35:13,730 --> 00:35:11,910

happen with the the stills though is

829

00:35:16,670 --> 00:35:13,740

every time we go to the end of the

830

00:35:19,790 --> 00:35:16,680

tether and get get jerked it was

831

00:35:22,070 --> 00:35:19,800

flinging all the salt water out into the

832

00:35:24,380 --> 00:35:22,080

distillate back to the fresh Cod Ashley

833

00:35:27,020 --> 00:35:24,390

so I was just doing nothing but but

834

00:35:29,810 --> 00:35:27,030

producing salt water so eventually I had

835

00:35:33,830 --> 00:35:29,820

to used not as directed I cut one one

836

00:35:38,660 --> 00:35:33,840

was got torn and worse almost impossible

837

00:35:40,970 --> 00:35:38,670

to fix so I decided I'd cut it up and

838

00:35:43,340 --> 00:35:40,980

see how it was constructed and figure

839

00:35:45,530 --> 00:35:43,350

out something and that gave me the idea

840

00:35:47,450 --> 00:35:45,540

of I'll just use it not as directed you

841

00:35:48,560 --> 00:35:47,460

know I have the saying that men never

842

00:35:50,480 --> 00:35:48,570

read directions because they'd rather

843

00:35:53,240 --> 00:35:50,490

lennie things and we know how bad they

844

00:35:55,520 --> 00:35:53,250

are and so I put it on them on the raft

845

00:35:58,870 --> 00:35:55,530

and I need to keep the bottom this cloth

846

00:36:03,590 --> 00:35:58,880

on the bottom wet so that it would stay

847

00:36:05,540 --> 00:36:03,600

airtight hmm but then I could use it it

848

00:36:07,640 --> 00:36:05,550

would be stable enough on the raft where

849

00:36:10,760 --> 00:36:07,650

it actually started producing about a

850

00:36:12,740 --> 00:36:10,770

pint a day so you lived on a pint of day

851

00:36:15,620 --> 00:36:12,750

yeah maybe a pint in a quarter I had

852

00:36:18,110 --> 00:36:15,630

almost no rain until the end and by then

853

00:36:20,330 --> 00:36:18,120

they because the the cloth on the bottom

854

00:36:23,210 --> 00:36:20,340

would eventually chafe and wear out not

855

00:36:27,530 --> 00:36:23,220

not only chafe but rot ouch actually so

856

00:36:30,290 --> 00:36:27,540

each still had it had a lifespan and the

857

00:36:32,060 --> 00:36:30,300

two that I got to work each one had its

858

00:36:34,580 --> 00:36:32,070

own personality it had to be inflated

859

00:36:36,290 --> 00:36:34,590

just the right amount which mean I had a

860

00:36:41,840 --> 00:36:36,300

mess around with it about every 15

861

00:36:43,460 --> 00:36:41,850

minutes and yet they lasted to I can't

862

00:36:45,930 --> 00:36:43,470

remember what Dave

863

00:36:48,180 --> 00:36:45,940

fortunately for most of the voyage and

864

00:36:51,300 --> 00:36:48,190

then after that I had you know I'd saved

865

00:36:52,859 --> 00:36:51,310

a stock pretty carefully and then I had

866

00:36:55,410 --> 00:36:52,869

a little bit more rain and it improved

867

00:36:57,359 --> 00:36:55,420

my rain collection system so it was just

868

00:36:59,040 --> 00:36:57,369

enough but yeah just over applying today

869

00:37:01,200 --> 00:36:59,050

fighting a quarter maybe something like

870

00:37:02,970 --> 00:37:01,210

that plus whatever fluids I could get

871

00:37:04,920 --> 00:37:02,980

out of the fish you know fish eyes and

872

00:37:07,140 --> 00:37:04,930

all these other delicacies I think you

873

00:37:08,730 --> 00:37:07,150

haven't know dude I hope you have a good

874

00:37:11,640 --> 00:37:08,740

sense of you but you eat so she now oh

875

00:37:14,220 --> 00:37:11,650

yeah you actually do yeah not not that

876

00:37:16,500 --> 00:37:14,230

actually in in the last few years I

877

00:37:19,170 --> 00:37:16,510

haven't because I had an illness where I

878

00:37:21,420 --> 00:37:19,180

could not eat anything raw for a long

879

00:37:24,030 --> 00:37:21,430

time so I haven't really gotten back to

880

00:37:26,790 --> 00:37:24,040

me I don't have a problem with it no

881

00:37:29,280 --> 00:37:26,800

yeah actually I was very lucky I I i

882

00:37:32,040 --> 00:37:29,290

once in my in little logs that i kept

883

00:37:34,170 --> 00:37:32,050

you know i I likened my experience to

884

00:37:36,000 --> 00:37:34,180

being like in a prison cell where every

885

00:37:38,040 --> 00:37:36,010

week or so somebody would open it up and

886

00:37:41,250 --> 00:37:38,050

throw me a big fat filet mignon but

887

00:37:43,170 --> 00:37:41,260

that's the direito or mahi-mahi as we

888

00:37:46,710 --> 00:37:43,180

know them in restaurants in this in the

889

00:37:49,079 --> 00:37:46,720

states are very good fish yeah and so I

890

00:37:52,470 --> 00:37:49,089

was very fortunate to have a good food

891

00:37:54,570 --> 00:37:52,480

source yeah that's amazing that and I've

892

00:37:57,930 --> 00:37:54,580

heard that like any debris in the ocean

893

00:38:00,510 --> 00:37:57,940

whether it's a even a plastic bottle

894

00:38:02,280 --> 00:38:00,520

will start gathering physical

895

00:38:04,320 --> 00:38:02,290

curiously you know yeah they have some

896

00:38:06,329 --> 00:38:04,330

light bulbs have whole little ecosystems

897

00:38:08,460 --> 00:38:06,339

around them and that was when we were

898

00:38:10,770 --> 00:38:08,470

going across the ocean on Napoleon solo

899

00:38:13,589 --> 00:38:10,780

one day it was very light when we saw

900

00:38:15,720 --> 00:38:13,599

this like cube of styrofoam about you

901
00:38:17,370 --> 00:38:15,730
know maybe six inches on a side or

902
00:38:19,470 --> 00:38:17,380
something or other and we're going by

903
00:38:22,470 --> 00:38:19,480
and there was a fish about a footlong

904
00:38:23,970 --> 00:38:22,480
fish parked underneath it and we picked

905
00:38:26,310 --> 00:38:23,980
up the styrofoam and the fish was like

906
00:38:27,900 --> 00:38:26,320
freaked out it's like zooming around all

907
00:38:30,000 --> 00:38:27,910
over the place looking for a tout you

908
00:38:31,910 --> 00:38:30,010
know and we put it back down fish went

909
00:38:38,460 --> 00:38:31,920
right back underneath it yeah yeah

910
00:38:42,980 --> 00:38:38,470
amazing so when you were out there for

911
00:38:45,240 --> 00:38:42,990
those 76 days time goes by how was your

912
00:38:47,010 --> 00:38:45,250
sleeping habits we were actually able to

913
00:38:49,829 --> 00:38:47,020

sleep even though you were very hungry I

914

00:38:51,930 --> 00:38:49,839

was able to sleep but not for very long

915

00:38:52,470 --> 00:38:51,940

I mean the raft on the inside was a

916

00:38:56,220 --> 00:38:52,480

little

917

00:38:59,040 --> 00:38:56,230

under six feet across hmm and so it

918

00:39:01,500 --> 00:38:59,050

wasn't quite wide enough

919

00:39:03,540 --> 00:39:01,510

I'm 510 and it wasn't I couldn't stretch

920

00:39:05,490 --> 00:39:03,550

out yeah we'd like ended you know you

921

00:39:07,470 --> 00:39:05,500

got rubber rubbing your head at the time

922

00:39:08,880 --> 00:39:07,480

I had here yeah uh maybe that's why you

923

00:39:10,740 --> 00:39:08,890

don't get out maybe I don't know it

924

00:39:12,890 --> 00:39:10,750

stirred certainly started right out of

925

00:39:16,320 --> 00:39:12,900

the devoid but I think that was a

926
00:39:18,870 --> 00:39:16,330
nutritional thing but anyway the I would

927
00:39:21,690 --> 00:39:18,880
get cramped up and whatnot plus ie

928
00:39:25,650 --> 00:39:21,700
in I developed a lot of saltwater sores

929
00:39:27,210 --> 00:39:25,660
then your assault saturated environment

930
00:39:29,250 --> 00:39:27,220
it's one thing if you go to the shore

931
00:39:31,260 --> 00:39:29,260
and wash off in the ocean and come home

932
00:39:33,540 --> 00:39:31,270
it's healthy and good for you but if you

933
00:39:36,720 --> 00:39:33,550
stay in a salt encrusted environment

934
00:39:38,640 --> 00:39:36,730
these they basically start like little

935
00:39:40,470 --> 00:39:38,650
pimples on the skin and they break open

936
00:39:45,000 --> 00:39:40,480
you end up with these open ulcers on the

937
00:39:47,070 --> 00:39:45,010
skin and they can be very nasty I was

938
00:39:48,480 --> 00:39:47,080

reading for a very painful because

939

00:39:50,070 --> 00:39:48,490

you're also in a salt encrusted

940

00:39:53,700 --> 00:39:50,080

retirement so you're literally having

941

00:39:55,500 --> 00:39:53,710

salt rubbed into the wounds and I you

942

00:39:58,740 --> 00:39:55,510

know every well every place where you

943

00:40:02,250 --> 00:39:58,750

know I would have a lot of contact with

944

00:40:07,620 --> 00:40:02,260

another surface like my rear end the

945

00:40:09,599 --> 00:40:07,630

thighs arms in here and you know all

946

00:40:11,280 --> 00:40:09,609

that they would form lots of these so

947

00:40:14,720 --> 00:40:11,290

I'd end up with hundreds of these and it

948

00:40:18,570 --> 00:40:14,730

made it very painful but I could sleep

949

00:40:19,859 --> 00:40:18,580

maybe an hour and then I'd wake up which

950

00:40:21,330 --> 00:40:19,869

was good good thing because then I could

951
00:40:23,070 --> 00:40:21,340
kind of look around the ride and I look

952
00:40:25,170 --> 00:40:23,080
for a ship or whatever now do you have

953
00:40:26,880 --> 00:40:25,180
any dreams like that you're at home or

954
00:40:29,670 --> 00:40:26,890
anything like that oh yeah I had lots of

955
00:40:31,740 --> 00:40:29,680
dreams were a really big part of the

956
00:40:34,410 --> 00:40:31,750
voyage and at first I kind of resented

957
00:40:37,140 --> 00:40:34,420
them because I've got like you wake up I

958
00:40:39,030 --> 00:40:37,150
wake up I'm still here as like a god I

959
00:40:40,859 --> 00:40:39,040
was like this horrible temptation it is

960
00:40:42,599 --> 00:40:40,869
the voyage length and then they got to

961
00:40:44,160 --> 00:40:42,609
be precious for me because I well this

962
00:40:44,760 --> 00:40:44,170
is the closest I can get to food or

963
00:40:47,040 --> 00:40:44,770

water

964

00:40:48,359 --> 00:40:47,050

I would dream about I found a very

965

00:40:50,640 --> 00:40:48,369

interesting that I

966

00:40:52,680 --> 00:40:50,650

about all the foods that my body

967

00:40:55,289 --> 00:40:52,690

actually needed I am not agreeing with

968

00:40:57,180 --> 00:40:55,299

proteins Wow ed and Reno McDonald's

969

00:41:00,329 --> 00:40:57,190

hamburger steak or anything like that it

970

00:41:03,569 --> 00:41:00,339

was always frood and breads I needed

971

00:41:05,519 --> 00:41:03,579

starches and sugars and vitamins you

972

00:41:08,190 --> 00:41:05,529

know my body seemed to know that I

973

00:41:10,950 --> 00:41:08,200

really and I'm not the first person to

974

00:41:14,539 --> 00:41:10,960

kind of notice that that our body seemed

975

00:41:17,489 --> 00:41:14,549

to have an idea of what they need and

976
00:41:19,709 --> 00:41:17,499
and so that I would dream about that I

977
00:41:21,660 --> 00:41:19,719
would dream about you know going home

978
00:41:24,660 --> 00:41:21,670
about people who meant something to me

979
00:41:27,809 --> 00:41:24,670
about the you know sort of my ex-wife

980
00:41:30,329 --> 00:41:27,819
food I probably did not treat very well

981
00:41:32,489 --> 00:41:30,339
and and you know screwed up that

982
00:41:35,849 --> 00:41:32,499
relationship about all the things I

983
00:41:37,950 --> 00:41:35,859
messed up in my life now what what would

984
00:41:40,589 --> 00:41:37,960
you say is that something that helped

985
00:41:42,660 --> 00:41:40,599
you keep going - oh yeah absolutely I

986
00:41:45,690 --> 00:41:42,670
think it's really important to survivors

987
00:41:48,209 --> 00:41:45,700
that you know you could like I say and

988
00:41:50,219 --> 00:41:48,219

so especially the recoil fury is really

989

00:41:51,930 --> 00:41:50,229

dismal because you beat yourself up so

990

00:41:54,180 --> 00:41:51,940

badly it's like every mistake you made

991

00:41:56,279 --> 00:41:54,190

in your life every failing every

992

00:41:58,739 --> 00:41:56,289

shortcoming everything just like plays

993

00:42:05,400 --> 00:41:58,749

you like this really bad B grade movie

994

00:42:09,209 --> 00:42:05,410

over and over again that and but it

995

00:42:13,319 --> 00:42:09,219

gives you an impetus that you know if I

996

00:42:15,269 --> 00:42:13,329

get through this then maybe I can become

997

00:42:18,599 --> 00:42:15,279

a better person for lack of a better you

998

00:42:20,819 --> 00:42:18,609

know did you hack your return yeah I

999

00:42:22,859 --> 00:42:20,829

thought I was think of that a lot of

1000

00:42:26,339 --> 00:42:22,869

there's a there's a funny saying about

1001
00:42:29,519 --> 00:42:26,349
someone that was a doctor saved from

1002
00:42:30,930 --> 00:42:29,529
someone from dying and the guy said I

1003
00:42:32,339 --> 00:42:30,940
want to pay you anything you want he

1004
00:42:33,690 --> 00:42:32,349
goes about half as much as you would

1005
00:42:38,700 --> 00:42:33,700
have paid me a few minutes ago

1006
00:42:39,779 --> 00:42:38,710
yeah other did you actually those things

1007
00:42:42,180 --> 00:42:39,789
that you thought of did you actually

1008
00:42:45,690 --> 00:42:42,190
fulfill some of them when you yeah

1009
00:42:48,900 --> 00:42:45,700
things change you know I come when I

1010
00:42:51,269 --> 00:42:48,910
came back you know there there's the

1011
00:42:52,660 --> 00:42:51,279
immediate effect and longer-term I mean

1012
00:42:55,870 --> 00:42:52,670
this was more than half my

1013
00:42:57,730 --> 00:42:55,880

ago I was I'm 65 now I was 35 years 35

1014

00:43:00,099 --> 00:42:57,740

years ago just a few weeks ago yeah

1015

00:43:04,779 --> 00:43:00,109

thank you actually when I win a drift

1016

00:43:07,809 --> 00:43:04,789

yeah you know um so you know like for

1017

00:43:10,450 --> 00:43:07,819

example as soon as the voyage was over I

1018

00:43:14,019 --> 00:43:10,460

was like so super relaxed I mean I had

1019

00:43:15,299 --> 00:43:14,029

some problems I got really ill and had

1020

00:43:18,009 --> 00:43:15,309

some problems but overall

1021

00:43:20,470 --> 00:43:18,019

psychologically I was like super relaxed

1022

00:43:22,539 --> 00:43:20,480

like nothing bothers nothing buddy at

1023

00:43:24,309 --> 00:43:22,549

all I found it very amusing that people

1024

00:43:27,220 --> 00:43:24,319

would you know when I got home weeks

1025

00:43:30,220 --> 00:43:27,230

later and people would go you know oh

1026

00:43:32,470 --> 00:43:30,230

well you got to excuse the condition of

1027

00:43:37,569 --> 00:43:32,480

my apartment or something like laughing

1028

00:43:39,970 --> 00:43:37,579

serious yeah it's not leaking is it so

1029

00:43:43,480 --> 00:43:39,980

um that was different but you know over

1030

00:43:45,549 --> 00:43:43,490

time we come to just deal with day to

1031

00:43:47,079 --> 00:43:45,559

day life like everybody else and I bet

1032

00:43:48,880 --> 00:43:47,089

you Mon with the best of them about all

1033

00:43:52,240 --> 00:43:48,890

kinds of things you know politics and

1034

00:43:54,339 --> 00:43:52,250

all kind of all kinds of junk but at the

1035

00:43:55,990 --> 00:43:54,349

same time you know like whereas I say

1036

00:43:57,849 --> 00:43:56,000

you know I don't think there were single

1037

00:44:00,160 --> 00:43:57,859

dimensional people there is a part of me

1038

00:44:04,329 --> 00:44:00,170

that where you know this experience

1039

00:44:08,349 --> 00:44:04,339

lives on in me and again so I view life

1040

00:44:11,410 --> 00:44:08,359

through this filter all the time when I

1041

00:44:14,230 --> 00:44:11,420

say I'm you know I I can't know I don't

1042

00:44:15,519 --> 00:44:14,240

know if I've ever used the term I'm

1043

00:44:21,150 --> 00:44:15,529

going to eat I'm starving

1044

00:44:23,950 --> 00:44:21,160

since that time for example I would take

1045

00:44:25,480 --> 00:44:23,960

you know you take a shower or a bath and

1046

00:44:27,339 --> 00:44:25,490

you realize you know I'm using as much

1047

00:44:28,839 --> 00:44:27,349

water and you know like a bathtub fill

1048

00:44:30,519 --> 00:44:28,849

up a bathtub with water that's that's

1049

00:44:32,380 --> 00:44:30,529

more water than I lived on for two and a

1050

00:44:34,900 --> 00:44:32,390

half months god it gives you a different

1051
00:44:37,960 --> 00:44:34,910
perspective when you see people who are

1052
00:44:39,970 --> 00:44:37,970
actually starving is difficult although

1053
00:44:43,450 --> 00:44:39,980
you can't solve all the world's problems

1054
00:44:48,240 --> 00:44:43,460
but yeah I think overall I came back a

1055
00:44:54,460 --> 00:44:48,250
big I guess overall the the the biggest

1056
00:44:57,010 --> 00:44:54,470
issue for me was that until this point I

1057
00:44:59,350 --> 00:44:57,020
was I I had been very introverted

1058
00:45:01,359 --> 00:44:59,360
I wasn't a people person at all I've

1059
00:45:03,460 --> 00:45:01,369
spent a lot of my life I was comfortable

1060
00:45:07,390 --> 00:45:03,470
like in wilderness environments mm-hmm

1061
00:45:09,430 --> 00:45:07,400
and I had a few close friends but I

1062
00:45:09,970 --> 00:45:09,440
wasn't really gregarious or anything

1063
00:45:12,609 --> 00:45:09,980

like that

1064

00:45:14,109 --> 00:45:12,619

and I didn't think I needed people very

1065

00:45:16,540 --> 00:45:14,119

much and when I left the States I think

1066

00:45:18,460 --> 00:45:16,550

that was a big a big part of it was like

1067

00:45:22,630 --> 00:45:18,470

all people are so problematic which we

1068

00:45:25,030 --> 00:45:22,640

are but through the experience I I came

1069

00:45:27,640 --> 00:45:25,040

to realize that whether I liked it or

1070

00:45:28,960 --> 00:45:27,650

not I was not a sea creature see I was

1071

00:45:30,580 --> 00:45:28,970

surrounded by them and they were a lot

1072

00:45:32,650 --> 00:45:30,590

more adapted than I was

1073

00:45:35,080 --> 00:45:32,660

it wasn't really my environment whether

1074

00:45:37,930 --> 00:45:35,090

I liked it or not I was person and I had

1075

00:45:39,640 --> 00:45:37,940

to somehow come to embrace my own

1076

00:45:42,550 --> 00:45:39,650

humanity and that of other people

1077

00:45:44,290 --> 00:45:42,560

despite our problems and I think I did

1078

00:45:50,140 --> 00:45:44,300

do that you know I came back I've had

1079

00:45:53,140 --> 00:45:50,150

you know Cathy my my my wife is you know

1080

00:45:55,450 --> 00:45:53,150

was a friend when I left and you know we

1081

00:45:57,580 --> 00:45:55,460

started started living together as a

1082

00:46:00,430 --> 00:45:57,590

matter of convenience actually because

1083

00:46:04,359 --> 00:46:00,440

but neither of us had anything back 1982

1084

00:46:07,980 --> 00:46:04,369

and we just never laughed so you know

1085

00:46:11,170 --> 00:46:07,990

I'm hoping that I'm a better at at

1086

00:46:12,820 --> 00:46:11,180

relationships that I was excuse me that

1087

00:46:16,480 --> 00:46:12,830

was that was a really important thing

1088

00:46:19,330 --> 00:46:16,490

for me yeah yeah yeah I could see now

1089

00:46:21,670 --> 00:46:19,340

how long would you have been in this

1090

00:46:24,270 --> 00:46:21,680

raft floating before people realized

1091

00:46:27,580 --> 00:46:24,280

that you were actually missing but among

1092

00:46:29,500 --> 00:46:27,590

so people did realize at that point yeah

1093

00:46:33,880 --> 00:46:29,510

then to it yeah was there any type of

1094

00:46:37,020 --> 00:46:33,890

search and oh well they were my parents

1095

00:46:40,510 --> 00:46:37,030

actually went through quite a an

1096

00:46:42,940 --> 00:46:40,520

extended attempt to get a search going

1097

00:46:45,430 --> 00:46:42,950

but the fact of the matter is unless the

1098

00:46:48,310 --> 00:46:45,440

you know the Coast Guard has an

1099

00:46:49,690 --> 00:46:48,320

approximate position they're not hello

1100

00:46:52,090 --> 00:46:49,700

for you in the middle of the ocean it's

1101

00:46:55,230 --> 00:46:52,100

just like do be big right wherever they

1102

00:46:57,550 --> 00:46:55,240

even start yeah but they had problems

1103

00:47:00,220 --> 00:46:57,560

through the coastguard getting the Coast

1104

00:47:03,040 --> 00:47:00,230

Guard to kind of acknowledge even that I

1105

00:47:05,200 --> 00:47:03,050

was gone you know first they refused all

1106

00:47:06,910 --> 00:47:05,210

you got to prove to us that you know we

1107

00:47:09,120 --> 00:47:06,920

actually left from this place they had a

1108

00:47:11,400 --> 00:47:09,130

you know get correspond that sentence

1109

00:47:13,530 --> 00:47:11,410

and whatnot and then they could do a

1110

00:47:15,540 --> 00:47:13,540

notice to Mariners that I was overdue so

1111

00:47:19,020 --> 00:47:15,550

that ships and whatnot could kind of

1112

00:47:21,120 --> 00:47:19,030

keep an eye out but there was never

1113

00:47:23,010 --> 00:47:21,130

going to be an act you know an actual

1114

00:47:27,360 --> 00:47:23,020

search in the middle of the ocean for me

1115

00:47:29,520 --> 00:47:27,370

and that's changed a bit because the you

1116

00:47:31,260 --> 00:47:29,530

know just the technology is moved right

1117

00:47:33,690 --> 00:47:31,270

I had this thing called an e curve which

1118

00:47:36,960 --> 00:47:33,700

is a basically an emergency radio that

1119

00:47:40,650 --> 00:47:36,970

sends out an SOS not actually but it

1120

00:47:42,060 --> 00:47:40,660

sends out an emergency message and at

1121

00:47:44,040 --> 00:47:42,070

the time they were only being monitored

1122

00:47:45,900 --> 00:47:44,050

by aircraft and then the aircraft had to

1123

00:47:47,700 --> 00:47:45,910

be pretty close to their position so I

1124

00:47:49,800 --> 00:47:47,710

and I was just in a pretty empty part of

1125

00:47:52,940 --> 00:47:49,810

the Atlantic and now they're all being

1126
00:47:55,830 --> 00:47:52,950
I'm sorry they're all being monitored by

1127
00:47:57,180 --> 00:47:55,840
satellite well they have like the

1128
00:47:58,170 --> 00:47:57,190
different equipment now is that I was

1129
00:48:00,540 --> 00:47:58,180
going to be one of the questions I was

1130
00:48:02,790 --> 00:48:00,550
going to ask you like if you were in

1131
00:48:04,230 --> 00:48:02,800
today's world this wouldn't have

1132
00:48:06,630 --> 00:48:04,240
happened basically right with all the

1133
00:48:08,850 --> 00:48:06,640
technology they have no not necessarily

1134
00:48:11,940 --> 00:48:08,860
true people go missing still people

1135
00:48:17,460 --> 00:48:11,950
still drift off and it's something

1136
00:48:20,160 --> 00:48:17,470
that's you know even even if let's say

1137
00:48:21,270 --> 00:48:20,170
you have a perfectly working modern

1138
00:48:22,980 --> 00:48:21,280

eeper that's picked up by satellite

1139

00:48:25,230 --> 00:48:22,990

there's still no guarantee somebody's

1140

00:48:26,970 --> 00:48:25,240

going to be able to reach you but before

1141

00:48:28,920 --> 00:48:26,980

the battery goes off or removing it or

1142

00:48:31,320 --> 00:48:28,930

their soul or ninety percent false

1143

00:48:33,540 --> 00:48:31,330

alarms anyway you know they have their

1144

00:48:35,160 --> 00:48:33,550

own problems and malfunctions and this

1145

00:48:37,910 --> 00:48:35,170

and that but there are a lot of parts of

1146

00:48:44,160 --> 00:48:37,920

the world a huge chunk of the world

1147

00:48:47,040 --> 00:48:44,170

where it's just really empty and you

1148

00:48:49,170 --> 00:48:47,050

know nobody's people are days away from

1149

00:48:50,640 --> 00:48:49,180

you even if they know you're there and

1150

00:48:51,510 --> 00:48:50,650

they're steaming straight for you as

1151

00:48:54,210 --> 00:48:51,520

quickly as they can

1152

00:48:55,380 --> 00:48:54,220

plus add on to that that there's a lot

1153

00:48:58,350 --> 00:48:55,390

of the world that has no

1154

00:49:00,270 --> 00:48:58,360

search-and-rescue facilities of any sort

1155

00:49:02,100 --> 00:49:00,280

especially compared to the United States

1156

00:49:05,580 --> 00:49:02,110

and we're spoiled here you know we think

1157

00:49:07,860 --> 00:49:05,590

Oh Coast Guard's there and you know even

1158

00:49:10,080 --> 00:49:07,870

they have difficulty keeping up with

1159

00:49:14,330 --> 00:49:10,090

things and especially if they get budget

1160

00:49:16,860 --> 00:49:14,340

cuts in the near future yeah so it's

1161

00:49:17,280 --> 00:49:16,870

really when you go offshore you have to

1162

00:49:19,830 --> 00:49:17,290

go with

1163

00:49:21,570 --> 00:49:19,840

attitude that you know if if you get

1164

00:49:23,910 --> 00:49:21,580

yourself into trouble and somebody gets

1165

00:49:26,090 --> 00:49:23,920

you out of it you're one very lucky

1166

00:49:29,370 --> 00:49:26,100

camper that you really have to rely upon

1167

00:49:30,720 --> 00:49:29,380

yourself right now have you spoken to

1168

00:49:33,420 --> 00:49:30,730

anyone that's had a similar experience

1169

00:49:36,510 --> 00:49:33,430

you'll personally spoken to people yeah

1170

00:49:38,880 --> 00:49:36,520

yeah sure bill Butler who is with his

1171

00:49:42,720 --> 00:49:38,890

wife in the Pacific for 68 days I

1172

00:49:45,090 --> 00:49:42,730

believe just after me and I've talked to

1173

00:49:47,490 --> 00:49:45,100

other ocean survivors a different thing

1174

00:49:50,250 --> 00:49:47,500

and I owed was on a boat that crashed

1175

00:49:53,580 --> 00:49:50,260

into the Galapagos Islands who was there

1176

00:49:55,770 --> 00:49:53,590

for I think 10 days and although that's

1177

00:49:57,420 --> 00:49:55,780

you know people get focused on period

1178

00:49:59,850 --> 00:49:57,430

length of time but that's really not the

1179

00:50:01,620 --> 00:49:59,860

issue they were the boat was gone they

1180

00:50:02,730 --> 00:50:01,630

had absolutely nothing they got off the

1181

00:50:05,010 --> 00:50:02,740

boat in the middle of the night with

1182

00:50:07,200 --> 00:50:05,020

only their underwear they you know it's

1183

00:50:10,920 --> 00:50:07,210

a volcanic island they're all cut up and

1184

00:50:12,960 --> 00:50:10,930

told no shade at all it was you know so

1185

00:50:15,210 --> 00:50:12,970

I've talked to a lot of survivors over

1186

00:50:19,350 --> 00:50:15,220

the years both oceanic and otherwise you

1187

00:50:22,710 --> 00:50:19,360

know the guys who were in the in the the

1188

00:50:25,380 --> 00:50:22,720

Andes plane crash really had led to the

1189

00:50:28,380 --> 00:50:25,390

boat the book in the film alive right

1190

00:50:29,160 --> 00:50:28,390

and just lots of people in all kinds of

1191

00:50:32,910 --> 00:50:29,170

situations

1192

00:50:37,320 --> 00:50:32,920

fishermen yeah quite a few

1193

00:50:39,510 --> 00:50:37,330

now I reordered your book and you know

1194

00:50:41,700 --> 00:50:39,520

because I couldn't find my 1986 copy

1195

00:50:44,250 --> 00:50:41,710

uh-huh and I saw that you it was a

1196

00:50:46,500 --> 00:50:44,260

recent printing affair left 2005 or

1197

00:50:48,000 --> 00:50:46,510

something I can't remember but in it you

1198

00:50:49,680 --> 00:50:48,010

were saying that you know you were a

1199

00:50:51,000 --> 00:50:49,690

little bit upset that some people

1200

00:50:54,150 --> 00:50:51,010

thought you were a hero you didn't think

1201
00:50:56,850 --> 00:50:54,160
you were a hero no no no I don't know I

1202
00:50:58,080 --> 00:50:56,860
I'm not sure who our heroes really

1203
00:50:59,640 --> 00:50:58,090
because they you know you talked to

1204
00:51:02,460 --> 00:50:59,650
military guys who've been through

1205
00:51:05,250 --> 00:51:02,470
horrendous situations who you know who's

1206
00:51:07,350 --> 00:51:05,260
you know maybe the sole survivor or one

1207
00:51:11,480 --> 00:51:07,360
of few survivors when all their mates

1208
00:51:13,500 --> 00:51:11,490
are gone and virtually to a person

1209
00:51:15,510 --> 00:51:13,510
people who go through the stuff come

1210
00:51:17,220 --> 00:51:15,520
back to go I'm no hero you know you know

1211
00:51:21,570 --> 00:51:17,230
here was the guys we've got left over

1212
00:51:24,720 --> 00:51:21,580
there I wrote the book in part to give

1213
00:51:25,950 --> 00:51:24,730

people a voice who were a lot more lot

1214

00:51:29,339 --> 00:51:25,960

smarter and more

1215

00:51:31,859 --> 00:51:29,349

Tabo than me who never made it back Wow

1216

00:51:35,880 --> 00:51:31,869

you know that's quite a statement when

1217

00:51:37,320 --> 00:51:35,890

so how long did it take you after you

1218

00:51:39,480 --> 00:51:37,330

were well I want to talk about your

1219

00:51:40,950 --> 00:51:39,490

rescue and all that too but how long did

1220

00:51:44,070 --> 00:51:40,960

it take you before you were actually

1221

00:51:47,280 --> 00:51:44,080

behind the helm again sailing oh that

1222

00:51:48,980 --> 00:51:47,290

was pretty quick really yeah yeah

1223

00:51:52,680 --> 00:51:48,990

as I tell people I'm a very slow learner

1224

00:51:55,950 --> 00:51:52,690

but you didn't do a solo like a pig so

1225

00:51:58,470 --> 00:51:55,960

next year I really I I single an amazing

1226
00:52:01,170 --> 00:51:58,480
boat to Bermuda in a single-handed race

1227
00:52:03,540 --> 00:52:01,180
I had back up on the horse but you know

1228
00:52:07,140 --> 00:52:03,550
when I got when I got to land people

1229
00:52:09,270 --> 00:52:07,150
were very kind to me and really kind of

1230
00:52:11,370 --> 00:52:09,280
adopted me and took care of me and my

1231
00:52:13,680 --> 00:52:11,380
parents came down but it was kind of

1232
00:52:15,839 --> 00:52:13,690
weird because I was 30 years old I'd

1233
00:52:19,500 --> 00:52:15,849
been a very independent guy even when I

1234
00:52:23,430 --> 00:52:19,510
was in from the time I was baby I think

1235
00:52:25,140 --> 00:52:23,440
I was very independent guy and certainly

1236
00:52:26,490 --> 00:52:25,150
when as soon as I got out of school it

1237
00:52:27,960 --> 00:52:26,500
wasn't like you know I know a lot of

1238
00:52:30,510 --> 00:52:27,970

kids go home and live with her parents

1239

00:52:32,670 --> 00:52:30,520

now I you know back in that era we were

1240

00:52:34,560 --> 00:52:32,680

all waiting to get out of the house yeah

1241

00:52:37,380 --> 00:52:34,570

yeah and and so I'd been very

1242

00:52:40,170 --> 00:52:37,390

independent for a long long time and of

1243

00:52:42,359 --> 00:52:40,180

course lived kind of this um you know

1244

00:52:45,410 --> 00:52:42,369

ultimate independence for two-and-a-half

1245

00:52:49,230 --> 00:52:45,420

months really a year while I was unsolo

1246

00:52:52,950 --> 00:52:49,240

and came back and it was like every I

1247

00:52:55,380 --> 00:52:52,960

had no control over my life so I needed

1248

00:52:57,990 --> 00:52:55,390

to kind of reclaim my life and people

1249

00:53:00,890 --> 00:52:58,000

had heard about me when I landed through

1250

00:53:04,190 --> 00:53:00,900

the coconut grapevine VHF radio as an

1251

00:53:06,140 --> 00:53:04,200

but not so sailors would stop by the

1252

00:53:10,310 --> 00:53:06,150

island they're really sweet you know

1253

00:53:12,380 --> 00:53:10,320

they bring me a banana brat or this or

1254

00:53:17,660 --> 00:53:12,390

that you know and and that was lovely in

1255

00:53:19,580 --> 00:53:17,670

a boat stopped in and um there was a guy

1256

00:53:22,970 --> 00:53:19,590

on board I had known I thought ah

1257

00:53:25,010 --> 00:53:22,980

grafite the sailing circuit and they

1258

00:53:28,310 --> 00:53:25,020

were making a film on the using it as a

1259

00:53:32,660 --> 00:53:28,320

movie boat and in the boat was owned by

1260

00:53:35,000 --> 00:53:32,670

a guy I knew in England so they gave me

1261

00:53:37,070 --> 00:53:35,010

the ride off the island and I started

1262

00:53:39,080 --> 00:53:37,080

hitchhiking up through the through the

1263

00:53:42,050 --> 00:53:39,090

islands I was pretty useless as crew

1264

00:53:44,270 --> 00:53:42,060

because I at the time my my legs look

1265

00:53:46,640 --> 00:53:44,280

like I had elephantiasis I was gaining

1266

00:53:49,280 --> 00:53:46,650

like a kilo a day mostly water which was

1267

00:53:51,350 --> 00:53:49,290

being entertained and it was it took

1268

00:53:54,620 --> 00:53:51,360

over six weeks before I could kind of

1269

00:53:58,520 --> 00:53:54,630

walk do you have any long-term effects

1270

00:54:00,230 --> 00:53:58,530

from this oh it's impossible No yeah I

1271

00:54:01,580 --> 00:54:00,240

mean I've had all health issues in

1272

00:54:03,980 --> 00:54:01,590

recent years whether they're tied to

1273

00:54:05,570 --> 00:54:03,990

that or not is mystery unless they

1274

00:54:09,740 --> 00:54:05,580

actually dissect you when you come back

1275

00:54:11,780 --> 00:54:09,750

they can't really examine you know organ

1276

00:54:15,320 --> 00:54:11,790

failure organ problems and stuff like

1277

00:54:19,270 --> 00:54:15,330

that but it's possible like it's a you

1278

00:54:22,640 --> 00:54:19,280

know when I got back and after a few

1279

00:54:24,350 --> 00:54:22,650

days in like their definitive lines that

1280

00:54:27,350 --> 00:54:24,360

are on your fingernails as they grow out

1281

00:54:30,290 --> 00:54:27,360

from your intuition yeah exactly you

1282

00:54:32,960 --> 00:54:30,300

know my hair started falling out like by

1283

00:54:35,060 --> 00:54:32,970

the handfuls within a very short time

1284

00:54:37,220 --> 00:54:35,070

after I came back so I felt like it it

1285

00:54:39,590 --> 00:54:37,230

changed my metabolism it kind of kicked

1286

00:54:41,120 --> 00:54:39,600

me into the middle age yeah yeah sure I

1287

00:54:46,190 --> 00:54:41,130

felt like he gave me about hand read

1288

00:54:49,970 --> 00:54:46,200

yours yeah when you were out there just

1289

00:54:51,740 --> 00:54:49,980

before you got rescued did you think you

1290

00:54:53,840 --> 00:54:51,750

couldn't last much longer I mean how

1291

00:54:55,880 --> 00:54:53,850

much longer do you think you could have

1292

00:54:58,160 --> 00:54:55,890

survived I really have no idea no idea

1293

00:55:01,490 --> 00:54:58,170

no idea but you're prepared to keep

1294

00:55:05,210 --> 00:55:01,500

going however long well it's it varied a

1295

00:55:06,530 --> 00:55:05,220

lot through the length of the day you

1296

00:55:08,100 --> 00:55:06,540

know at the beginning of the voyage it

1297

00:55:09,480 --> 00:55:08,110

was like I'll never make it

1298

00:55:11,400 --> 00:55:09,490

even make the shipping language no

1299

00:55:12,960 --> 00:55:11,410

freaking way I've got like a chance and

1300

00:55:14,580 --> 00:55:12,970

millions of even making the shipping

1301

00:55:16,800 --> 00:55:14,590

light it's not to mention all the way

1302

00:55:19,830 --> 00:55:16,810

across but this often had this is also a

1303

00:55:22,710 --> 00:55:19,840

very common feeling among survivors when

1304

00:55:24,450 --> 00:55:22,720

we first are in this situation it's like

1305

00:55:26,310 --> 00:55:24,460

there's no way I can do this and then

1306

00:55:29,280 --> 00:55:26,320

slowly you get into that period that

1307

00:55:31,170 --> 00:55:29,290

that follows recoil into adaptation once

1308

00:55:33,540 --> 00:55:31,180

you've adapted to the environment it's

1309

00:55:36,810 --> 00:55:33,550

like well as long as nothing horrible

1310

00:55:41,100 --> 00:55:36,820

goes wrong I can keep doing this forever

1311

00:55:43,620 --> 00:55:41,110

but as my voyage went lengthen of course

1312

00:55:45,270 --> 00:55:43,630

you know rafting gear we get broken and

1313

00:55:50,190 --> 00:55:45,280

break down and it was like well if the

1314

00:55:53,370 --> 00:55:50,200

raft fails and I'm done and you know it

1315

00:55:55,650 --> 00:55:53,380

really was difficult to know and then

1316

00:55:57,300 --> 00:55:55,660

the big problem for me was staying

1317

00:56:03,210 --> 00:55:57,310

conscious during the day it was a

1318

00:56:05,010 --> 00:56:03,220

grueling it's hot hot hot and if I fell

1319

00:56:08,310 --> 00:56:05,020

asleep during the day then I'd wake up

1320

00:56:10,860 --> 00:56:08,320

and realized that the solar still had

1321

00:56:13,470 --> 00:56:10,870

screwed up because I hadn't dealt with

1322

00:56:16,260 --> 00:56:13,480

it and I it was like losing a day's

1323

00:56:18,030 --> 00:56:16,270

worth of water or something so it was a

1324

00:56:20,580 --> 00:56:18,040

huge struggle I call it the afternoon

1325

00:56:22,830 --> 00:56:20,590

bake-off yeah the afternoons were just

1326
00:56:25,080 --> 00:56:22,840
rugged and horrible and they didn't have

1327
00:56:27,240 --> 00:56:25,090
any cover left I did head there's like a

1328
00:56:29,670 --> 00:56:27,250
tent over the raft so I could get in

1329
00:56:31,350 --> 00:56:29,680
shade the shade itself wasn't exactly

1330
00:56:35,370 --> 00:56:31,360
the problem either they get hot inside

1331
00:56:36,600 --> 00:56:35,380
their oven and and I I could have you

1332
00:56:38,190 --> 00:56:36,610
know even though there was an opening

1333
00:56:40,140 --> 00:56:38,200
and whatnot and I'd pour water over

1334
00:56:42,990 --> 00:56:40,150
myself and stand up so that the breeze

1335
00:56:46,800 --> 00:56:43,000
would kind of flash dry and me and be

1336
00:56:49,920 --> 00:56:46,810
cooler and whatnot but it still was it

1337
00:56:51,540 --> 00:56:49,930
was just unbelievably difficult and I we

1338
00:56:53,850 --> 00:56:51,550

go I don't I don't know if I can make

1339

00:56:56,550 --> 00:56:53,860

this another day and then slowly the Sun

1340

00:56:58,740 --> 00:56:56,560

would set and I'm drifting west and I'd

1341

00:57:01,350 --> 00:56:58,750

look out my sort of triangular picture

1342

00:57:03,390 --> 00:57:01,360

window if the Sun set and the grade it

1343

00:57:06,570 --> 00:57:03,400

would start coming around the raft again

1344

00:57:08,340 --> 00:57:06,580

and things would be relatively peaceful

1345

00:57:11,670 --> 00:57:08,350

and I have a little bite to eat and a

1346

00:57:14,610 --> 00:57:11,680

swallow of water and it's like I made it

1347

00:57:16,860 --> 00:57:14,620

through that day and so it's located

1348

00:57:17,150 --> 00:57:16,870

aren't feeling that bad so I think I can

1349

00:57:18,589 --> 00:57:17,160

do

1350

00:57:22,099 --> 00:57:18,599

is another day but I really had no idea

1351
00:57:24,440 --> 00:57:22,109
yeah yeah amazing someone in the

1352
00:57:27,200 --> 00:57:24,450
chatroom of wanting to know if you saw

1353
00:57:29,569 --> 00:57:27,210
anything unusual this person spends a

1354
00:57:31,160 --> 00:57:29,579
lot of time at sea and always sees

1355
00:57:32,930 --> 00:57:31,170
beautiful and unusual things

1356
00:57:34,849 --> 00:57:32,940
fish water colored set or anything

1357
00:57:35,210 --> 00:57:34,859
anything unusual at all while you're out

1358
00:57:39,109 --> 00:57:35,220
there

1359
00:57:41,839 --> 00:57:39,119
mmm everything kinda really ah Kathy

1360
00:57:44,599 --> 00:57:41,849
says for her the crux of a drifted which

1361
00:57:46,460 --> 00:57:44,609
was taken from my log it was this is a

1362
00:57:49,010 --> 00:57:46,470
view of heaven from a seat in Hell which

1363
00:57:50,630 --> 00:57:49,020

was one written one night and you know

1364

00:57:52,099 --> 00:57:50,640

because there you know we think of Big

1365

00:57:54,950 --> 00:57:52,109

Sky Country there's no bigger Sky

1366

00:57:57,440 --> 00:57:54,960

Country than the ocean yeah and it's it

1367

00:57:59,599 --> 00:57:57,450

is truly awesome and you know I know

1368

00:58:03,319 --> 00:57:59,609

that's an overused word but it's

1369

00:58:06,130 --> 00:58:03,329

sometimes it's just yeah just knocks

1370

00:58:10,069 --> 00:58:06,140

your socks off it's just amazing and

1371

00:58:14,529 --> 00:58:10,079

there are things that you know the fish

1372

00:58:16,640 --> 00:58:14,539

to me were I know godly if you will um

1373

00:58:18,770 --> 00:58:16,650

like I said they were really my

1374

00:58:20,569 --> 00:58:18,780

superiors in that domain and I greatly

1375

00:58:23,120 --> 00:58:20,579

respected them they were beautiful

1376

00:58:26,359 --> 00:58:23,130

gorgeous and I just loved watching them

1377

00:58:29,150 --> 00:58:26,369

and at night they would gather around

1378

00:58:33,170 --> 00:58:29,160

the raft and floating through the raft

1379

00:58:37,569 --> 00:58:33,180

and I'm sure your your your your guest

1380

00:58:39,950 --> 00:58:37,579

here is is has seen the amazing

1381

00:58:43,760 --> 00:58:39,960

bioluminescence its seemingly you know

1382

00:58:46,130 --> 00:58:43,770

it's something like 98% of of planktonic

1383

00:58:47,870 --> 00:58:46,140

life bioluminescence and we knew it is

1384

00:58:51,260 --> 00:58:47,880

rush your hand through the water it's

1385

00:58:53,029 --> 00:58:51,270

like creating galaxies and you know that

1386

00:58:54,680 --> 00:58:53,039

stuff is really magical and so when the

1387

00:58:56,990 --> 00:58:54,690

fish are following it around wrap you

1388

00:58:58,670 --> 00:58:57,000

know I'm looking out there all slowly

1389

00:59:01,460 --> 00:58:58,680

gliding with a raft and they're all

1390

00:59:03,799 --> 00:59:01,470

glowing like silver platters and stuff

1391

00:59:08,480 --> 00:59:03,809

like I said I saw rainbows inside of

1392

00:59:10,490 --> 00:59:08,490

rainbows and you know just amazing stuff

1393

00:59:13,519 --> 00:59:10,500

that's why I say you know there's a part

1394

00:59:15,500 --> 00:59:13,529

of you in in this experience that

1395

00:59:17,150 --> 00:59:15,510

doesn't want to you know you know you

1396

00:59:20,870 --> 00:59:17,160

never want to go back to the experience

1397

00:59:23,150 --> 00:59:20,880

but there are things you witness along

1398

00:59:24,800 --> 00:59:23,160

the way that you can in things that you

1399

00:59:27,050 --> 00:59:24,810

become aware of both

1400

00:59:30,380 --> 00:59:27,060

early and externally that you could

1401
00:59:32,900 --> 00:59:30,390
never have captured in any other way so

1402
00:59:34,850 --> 00:59:32,910
I think that's why it's very common for

1403
00:59:37,310 --> 00:59:34,860
survivors not to regret their

1404
00:59:39,350 --> 00:59:37,320
experiences that they actually give us a

1405
00:59:40,460 --> 00:59:39,360
huge amount at the same time if we're

1406
00:59:41,450 --> 00:59:40,470
lucky enough to get through the other

1407
00:59:43,010 --> 00:59:41,460
end yeah

1408
00:59:45,110 --> 00:59:43,020
now just a couple more things I want to

1409
00:59:48,350 --> 00:59:45,120
talk to before we get to the end here

1410
00:59:52,670 --> 00:59:48,360
and basically the day you were found but

1411
00:59:56,090 --> 00:59:52,680
one of them how how cast wrought were

1412
00:59:58,730 --> 00:59:56,100
you when the ships went by and then see

1413
01:00:02,150 --> 00:59:58,740

oh my god I can't even imagine I was

1414

01:00:05,000 --> 01:00:02,160

pretty distraught but I honestly I was I

1415

01:00:09,800 --> 01:00:05,010

was not that surprised

1416

01:00:13,880 --> 01:00:09,810

and I was more angry with myself like

1417

01:00:16,010 --> 01:00:13,890

the first ship that passed me by the

1418

01:00:17,570 --> 01:00:16,020

direito and wait well first of all I've

1419

01:00:19,400 --> 01:00:17,580

been awakened earlier in the night

1420

01:00:21,890 --> 01:00:19,410

because these sharks would come up it

1421

01:00:23,840 --> 01:00:21,900

was like a shark would trapped a direito

1422

01:00:25,520 --> 01:00:23,850

underneath the raft and was bashing it

1423

01:00:27,320 --> 01:00:25,530

around bashing the raft around in the

1424

01:00:33,040 --> 01:00:27,330

middle of the night and it was three

1425

01:00:35,900 --> 01:00:33,050

four pretty freaky and then um I finally

1426
01:00:37,940 --> 01:00:35,910
drove the shark away and I don't know a

1427
01:00:39,680 --> 01:00:37,950
couple hours later Greivis another

1428
01:00:43,400 --> 01:00:39,690
grader start flopping around and I would

1429
01:00:46,730 --> 01:00:43,410
like immediately left up and I looked

1430
01:00:49,040 --> 01:00:46,740
out and there was a ship and I I had a

1431
01:00:50,570 --> 01:00:49,050
whole arsenal flares firemen beautiful

1432
01:00:54,610 --> 01:00:50,580
flare you know parachutes the best

1433
01:00:57,380 --> 01:00:54,620
flares possible and I thought the ship

1434
01:01:00,350 --> 01:00:57,390
looked like a change course wishful

1435
01:01:02,030 --> 01:01:00,360
thinking I think there and it started

1436
01:01:04,490 --> 01:01:02,040
steaming it looked like was steaming

1437
01:01:06,260 --> 01:01:04,500
right at me and I fired you know a bunch

1438
01:01:07,760 --> 01:01:06,270

of flares at it and it just went steamed

1439

01:01:10,940 --> 01:01:07,770

right by it was close enough that I

1440

01:01:13,160 --> 01:01:10,950

could smell diesel you know and you know

1441

01:01:16,070 --> 01:01:13,170

you're riding the wake after it goes by

1442

01:01:19,160 --> 01:01:16,080

and stuff and I was like oh my god and I

1443

01:01:20,960 --> 01:01:19,170

was I was I was angry but not at the

1444

01:01:25,910 --> 01:01:20,970

ship I was really angry with myself

1445

01:01:29,440 --> 01:01:25,920

because I had you know I I I was acting

1446

01:01:32,540 --> 01:01:29,450

on hopes rather than reality and a

1447

01:01:35,089 --> 01:01:32,550

gallon soon I drank wot too much I drank

1448

01:01:36,200 --> 01:01:35,099

water really yeah and

1449

01:01:37,579 --> 01:01:36,210

I thought you're going to be rescued I

1450

01:01:39,259 --> 01:01:37,589

thought that's this is it rescue I

1451

01:01:42,759 --> 01:01:39,269

didn't drink this water that was you

1452

01:01:47,509 --> 01:01:42,769

know and then I used way too many fliers

1453

01:01:49,099 --> 01:01:47,519

so you know I have been at sea enough to

1454

01:01:51,109 --> 01:01:49,109

realize how difficult it is for people

1455

01:01:52,640 --> 01:01:51,119

to see you even if they know you're

1456

01:01:54,759 --> 01:01:52,650

there and they're looking for you not to

1457

01:01:57,650 --> 01:01:54,769

mention just like your average

1458

01:01:59,599 --> 01:01:57,660

commercial ship which is especially at

1459

01:02:01,099 --> 01:01:59,609

night might have a couple of guys on but

1460

01:02:02,539 --> 01:02:01,109

they might be in the radio room or out

1461

01:02:07,609 --> 01:02:02,549

on the other side of the ship taking a

1462

01:02:11,269 --> 01:02:07,619

smoke or god knows what in I had read

1463

01:02:13,880 --> 01:02:11,279

all kinds of survival books before all

1464

01:02:15,650 --> 01:02:13,890

you know all the famous ones anyway and

1465

01:02:18,829 --> 01:02:15,660

it was very common for people to be

1466

01:02:20,299 --> 01:02:18,839

missed by ships and Wow so it wasn't a

1467

01:02:22,880 --> 01:02:20,309

surprise and in the end of course the

1468

01:02:24,710 --> 01:02:22,890

voyage I ran out of functional flares

1469

01:02:27,170 --> 01:02:24,720

and all that last one that passed me by

1470

01:02:31,130 --> 01:02:27,180

just kind of glanced at it it was way

1471

01:02:33,349 --> 01:02:31,140

off in the distance anyway and that was

1472

01:02:36,799 --> 01:02:33,359

the ninth ship that passed me oh my god

1473

01:02:38,180 --> 01:02:36,809

now we talked early on we talked about

1474

01:02:41,509 --> 01:02:38,190

all the different ways you could have

1475

01:02:44,269 --> 01:02:41,519

died good if he didn't have the fork can

1476

01:02:46,370 --> 01:02:44,279

you talk about that that's Annie I had a

1477

01:02:48,229 --> 01:02:46,380

little party for myself on the 38th day

1478

01:02:49,969 --> 01:02:48,239

because dule Robertson and his family

1479

01:02:51,799 --> 01:02:49,979

have lived 38 days in the Pacific and

1480

01:02:54,410 --> 01:02:51,809

then we wrote a book amazing book called

1481

01:02:57,190 --> 01:02:54,420

survived the savage seas and it was very

1482

01:03:01,069 --> 01:02:57,200

inspirational to all ocean survivors

1483

01:03:03,559 --> 01:03:01,079

because they were very overcrowded in

1484

01:03:05,180 --> 01:03:03,569

this teeny will dinging essentially

1485

01:03:07,849 --> 01:03:05,190

they'd had an inflated raft which

1486

01:03:09,799 --> 01:03:07,859

malfunctions and so they could keep half

1487

01:03:11,569 --> 01:03:09,809

of it functioning but the you know

1488

01:03:14,979 --> 01:03:11,579

wrapping around the dinging but there

1489

01:03:17,749 --> 01:03:14,989

was this whole family on this dinghy and

1490

01:03:21,289 --> 01:03:17,759

they had to be very inventive in order

1491

01:03:24,410 --> 01:03:21,299

to survive with how they caught you know

1492

01:03:26,029 --> 01:03:24,420

fish and all the stuff and he had

1493

01:03:28,700 --> 01:03:26,039

written the survival manual that I

1494

01:03:30,469 --> 01:03:28,710

carried on my raft which was very very

1495

01:03:35,239 --> 01:03:30,479

useful and I'd probably read it a

1496

01:03:39,920 --> 01:03:35,249

hundred times and so for me to come up

1497

01:03:42,259 --> 01:03:39,930

to do a Robertson's days was reason for

1498

01:03:44,750 --> 01:03:42,269

celebration I mean the raft was still

1499

01:03:46,220 --> 01:03:44,760

together and my gear was functioning

1500

01:03:49,220 --> 01:03:46,230

learn to live off the environment and

1501

01:03:52,760 --> 01:03:49,230

all that stuff and then just five days

1502

01:03:55,490 --> 01:03:52,770

later I was spearing a spirited aredo

1503

01:03:58,010 --> 01:03:55,500

and they're pretty big powerful fish and

1504

01:03:59,540 --> 01:03:58,020

once again it wasn't the first time that

1505

01:04:01,850 --> 01:03:59,550

it kind of broken the spear but this

1506

01:04:04,040 --> 01:04:01,860

time it broke this actually snapped the

1507

01:04:08,120 --> 01:04:04,050

shaft right in half then just bend it or

1508

01:04:10,580 --> 01:04:08,130

strip off some other part of it and it

1509

01:04:13,280 --> 01:04:10,590

the fish turned around and rammed the

1510

01:04:18,740 --> 01:04:13,290

two rammed the point of the spear into

1511

01:04:21,110 --> 01:04:18,750

the bottom tube and made a rip and so

1512

01:04:22,520 --> 01:04:21,120

that was a horrible situation that took

1513

01:04:24,380 --> 01:04:22,530

me to the lowest point of the wage it

1514

01:04:26,690 --> 01:04:24,390

took me about ten days to figure out a

1515

01:04:28,690 --> 01:04:26,700

fix for it and it was critical that I

1516

01:04:31,190 --> 01:04:28,700

fix it because with the bottom two

1517

01:04:34,190 --> 01:04:31,200

deflated it was like the bottom of the

1518

01:04:36,760 --> 01:04:34,200

wrap became like a jellyfish dragging

1519

01:04:39,740 --> 01:04:36,770

through the water look around I wasn't

1520

01:04:41,390 --> 01:04:39,750

karate I'd almost no free board then

1521

01:04:43,160 --> 01:04:41,400

because losing the shape of the raft

1522

01:04:45,800 --> 01:04:43,170

with this you know pressure pushing up

1523

01:04:47,690 --> 01:04:45,810

in the bottom I actually lost all but a

1524

01:04:50,090 --> 01:04:47,700

couple inches to three inches of free

1525

01:04:52,010 --> 01:04:50,100

board that meant you know all these

1526
01:04:55,610 --> 01:04:52,020
normal waves you know they're kind of

1527
01:04:57,650 --> 01:04:55,620
coming by and I was wet a lot and plus

1528
01:05:01,010 --> 01:04:57,660
it was hard to work tend to the solar

1529
01:05:03,260 --> 01:05:01,020
stills to fish to do anything so it took

1530
01:05:05,780 --> 01:05:03,270
me a long time to figure that out and I

1531
01:05:09,380 --> 01:05:05,790
tried and try and try it again and I was

1532
01:05:12,710 --> 01:05:09,390
just really I just beat I was totally on

1533
01:05:14,090 --> 01:05:12,720
that and I had a pump obviously I did

1534
01:05:16,190 --> 01:05:14,100
have a pump I could pump it up and I

1535
01:05:17,810 --> 01:05:16,200
would make these patches and stuff but

1536
01:05:19,790 --> 01:05:17,820
they would blow out you know after a

1537
01:05:21,500 --> 01:05:19,800
short while we have little wave hits or

1538
01:05:25,220 --> 01:05:21,510

something or other and it would dislodge

1539

01:05:27,440 --> 01:05:25,230

things and blow out again and I tried

1540

01:05:30,590 --> 01:05:27,450

external pressure patches and as hard as

1541

01:05:32,480 --> 01:05:30,600

I could tied you know put a plug in the

1542

01:05:34,010 --> 01:05:32,490

mouth if you will and tie it around it

1543

01:05:38,020 --> 01:05:34,020

and stuff but it didn't matter it just

1544

01:05:40,850 --> 01:05:38,030

would fail and it just drove me nuts and

1545

01:05:42,620 --> 01:05:40,860

finally I really came close to just

1546

01:05:44,509 --> 01:05:42,630

giving up and

1547

01:05:48,529 --> 01:05:44,519

think I have any strength and then I you

1548

01:05:50,900 --> 01:05:48,539

know forced myself when it really came

1549

01:05:52,940 --> 01:05:50,910

home that I wasn't just talking about

1550

01:05:54,529 --> 01:05:52,950

this this I I was going to be dead

1551

01:05:58,249 --> 01:05:54,539

pretty soon if I didn't figure out

1552

01:06:00,349 --> 01:05:58,259

something it scared me and I I kind of

1553

01:06:02,239 --> 01:06:00,359

solo okay to go through what do you got

1554

01:06:05,150 --> 01:06:02,249

in the raft and stuff like that and in

1555

01:06:07,130 --> 01:06:05,160

my ditch kid I had some stuff that's you

1556

01:06:09,469 --> 01:06:07,140

know I might use on the boat like extra

1557

01:06:13,069 --> 01:06:09,479

fittings for the rudder and stuff like

1558

01:06:15,680 --> 01:06:13,079

that and and I had a utensil kit in

1559

01:06:17,180 --> 01:06:15,690

there I don't know why I had the

1560

01:06:19,940 --> 01:06:17,190

stainless steel utensil kit like Boy

1561

01:06:22,969 --> 01:06:19,950

Scout you telephone kid right but it was

1562

01:06:26,809 --> 01:06:22,979

there and it dawned on me oh oh I got

1563

01:06:29,089 --> 01:06:26,819

this I know and I realized then which

1564

01:06:32,799 --> 01:06:29,099

which is often the case that we have to

1565

01:06:37,700 --> 01:06:32,809

do more damage to something in order to

1566

01:06:39,410 --> 01:06:37,710

to find the fix companies do this

1567

01:06:41,960 --> 01:06:39,420

routinely they find that they have to

1568

01:06:45,079 --> 01:06:41,970

take a hit they out of bite the bullet

1569

01:06:46,219 --> 01:06:45,089

and destroy something in order to make

1570

01:06:47,660 --> 01:06:46,229

the company right again

1571

01:06:50,150 --> 01:06:47,670

right and we have to do this in a

1572

01:06:52,219 --> 01:06:50,160

personal level sometimes too and in my

1573

01:06:54,140 --> 01:06:52,229

case that had happened early on in the

1574

01:06:57,440 --> 01:06:54,150

rap town teeny holes in the bottom there

1575

01:06:59,719 --> 01:06:57,450

out well they're too hard too too small

1576

01:07:01,849 --> 01:06:59,729

to put a plug in and they were

1577

01:07:03,589 --> 01:07:01,859

constantly shooting water little geysers

1578

01:07:05,329 --> 01:07:03,599

of water so I had to actually increase

1579

01:07:08,329 --> 01:07:05,339

the size of these holes in order to

1580

01:07:10,519 --> 01:07:08,339

patch them and this was a similar case

1581

01:07:13,430 --> 01:07:10,529

where I figured oh I know I'll take the

1582

01:07:16,370 --> 01:07:13,440

lips put a plug in and then I'll cut

1583

01:07:18,440 --> 01:07:16,380

slits and lips and put a pin through so

1584

01:07:20,630 --> 01:07:18,450

the handle to a fork was the answer to

1585

01:07:23,839 --> 01:07:20,640

all my problems and once I figured that

1586

01:07:25,700 --> 01:07:23,849

out like I said I'm a very slow learner

1587

01:07:27,319 --> 01:07:25,710

if I figure this out day one and

1588

01:07:29,269 --> 01:07:27,329

wouldn't behave things a lot easier but

1589

01:07:31,130 --> 01:07:29,279

it gave me a something solid I can

1590

01:07:32,809 --> 01:07:31,140

really lash around and the lashings

1591

01:07:34,279 --> 01:07:32,819

couldn't be forced off or anything like

1592

01:07:35,930 --> 01:07:34,289

that and the bottom tooth ended up

1593

01:07:37,040 --> 01:07:35,940

holding you here better than the top two

1594

01:07:40,190 --> 01:07:37,050

for the rest of the void

1595

01:07:42,530 --> 01:07:40,200

so under hours yeah you know the whole

1596

01:07:44,480 --> 01:07:42,540

survival voyage is an arc of it's like

1597

01:07:46,610 --> 01:07:44,490

normal life on steroids as we say you

1598

01:07:48,620 --> 01:07:46,620

know because the highs are incredibly

1599

01:07:51,110 --> 01:07:48,630

high and the lows are incredibly low and

1600

01:07:54,110 --> 01:07:51,120

they're packed together you know so you

1601
01:07:56,450 --> 01:07:54,120
know you you fail at something and you

1602
01:07:58,670 --> 01:07:56,460
it's the end of you world and then you

1603
01:08:01,490 --> 01:07:58,680
find a solution like that and I was like

1604
01:08:03,770 --> 01:08:01,500
I'm the king of the world now yeah now

1605
01:08:05,750 --> 01:08:03,780
if you went back in time

1606
01:08:08,000 --> 01:08:05,760
obviously you survived so that's totally

1607
01:08:10,130 --> 01:08:08,010
amazing but if you went back with all

1608
01:08:13,430 --> 01:08:10,140
the technology that there was then in

1609
01:08:15,170 --> 01:08:13,440
there would you have done anything

1610
01:08:20,270 --> 01:08:15,180
different or do you think you pretty

1611
01:08:22,849 --> 01:08:20,280
much had everything you needed mmm

1612
01:08:23,870 --> 01:08:22,859
well different yeah I probably would

1613
01:08:25,970 --> 01:08:23,880

have built the boat a little bit

1614

01:08:27,829 --> 01:08:25,980

differently mm-hmm changing the design

1615

01:08:32,530 --> 01:08:27,839

when I got home you know things like

1616

01:08:35,210 --> 01:08:32,540

that the pre impact stage yeah um I

1617

01:08:38,660 --> 01:08:35,220

don't know I was I was very well

1618

01:08:43,450 --> 01:08:38,670

prepared for the era with the I Whitman

1619

01:08:46,610 --> 01:08:43,460

and stuff and I suppose had I gone to

1620

01:08:49,760 --> 01:08:46,620

survival training specific survival

1621

01:08:51,829 --> 01:08:49,770

training that might have helped in some

1622

01:08:58,010 --> 01:08:51,839

way but there really wasn't much in that

1623

01:09:00,289 --> 01:08:58,020

time anyway yeah um I think that if I

1624

01:09:01,400 --> 01:09:00,299

had carried a handheld VHF radio and a

1625

01:09:02,840 --> 01:09:01,410

lot of proof pouch

1626

01:09:05,030 --> 01:09:02,850

I could have sick I could have probably

1627

01:09:07,010 --> 01:09:05,040

spoken to one of the ships one of the

1628

01:09:08,900 --> 01:09:07,020

early ships that passed me by and that

1629

01:09:11,210 --> 01:09:08,910

was a piece of gear I suggested people

1630

01:09:14,630 --> 01:09:11,220

have after I got back which actually

1631

01:09:18,590 --> 01:09:14,640

helped a major mind blow resolute yeah

1632

01:09:21,559 --> 01:09:18,600

the next fall things like that an

1633

01:09:26,120 --> 01:09:21,569

overall you know overall I had to say

1634

01:09:28,730 --> 01:09:26,130

when when when I landed I was a little

1635

01:09:30,820 --> 01:09:28,740

proud of myself to say you know I didn't

1636

01:09:33,860 --> 01:09:30,830

think I could do this and I did do it so

1637

01:09:34,269 --> 01:09:33,870

it gave me a reassurance that I'd never

1638

01:09:37,029 --> 01:09:34,279

real

1639

01:09:39,309 --> 01:09:37,039

had before in life but could I have done

1640

01:09:40,390 --> 01:09:39,319

better absolutely and you know people

1641

01:09:43,419 --> 01:09:40,400

will put you in your place Eva

1642

01:09:46,240 --> 01:09:43,429

especially kids like I got a radio that

1643

01:09:48,939 --> 01:09:46,250

I did a radio show I talk and tell a

1644

01:09:50,950 --> 01:09:48,949

story I did a radio show called kids

1645

01:09:54,819 --> 01:09:50,960

America in you know there I think the

1646

01:09:57,640 --> 01:09:54,829

kids were about ten years old and after

1647

01:10:00,040 --> 01:09:57,650

I got back and and so this young this

1648

01:10:02,410 --> 01:10:00,050

young man gets on and he's asking me he

1649

01:10:04,089 --> 01:10:02,420

says you know I read your book and I

1650

01:10:05,680 --> 01:10:04,099

said yeah and he goes but I'm a little

1651
01:10:07,419 --> 01:10:05,690
confused here and you know you complain

1652
01:10:09,790 --> 01:10:07,429
that you couldn't catch the fish with a

1653
01:10:12,250 --> 01:10:09,800
with a with a line and I explained as I

1654
01:10:13,990 --> 01:10:12,260
did you know they just like you know bit

1655
01:10:16,839 --> 01:10:14,000
the line off and then I found a piece of

1656
01:10:19,149 --> 01:10:16,849
wire and he goes yeah you said that you

1657
01:10:21,549 --> 01:10:19,159
had no more wire with you and I said

1658
01:10:23,260 --> 01:10:21,559
yeah he goes but you say earlier in the

1659
01:10:24,700 --> 01:10:23,270
book there's a light on the top of the

1660
01:10:28,120 --> 01:10:24,710
raft when you first get into it nice

1661
01:10:30,879 --> 01:10:28,130
yeah and he goes will you explain that

1662
01:10:33,310 --> 01:10:30,889
that was there was a battery that get me

1663
01:10:35,859 --> 01:10:33,320

this get submerged in seawater and turns

1664

01:10:39,100 --> 01:10:35,869

the light on oh yeah he goes what is

1665

01:10:42,970 --> 01:10:39,110

thorough people water those ten year old

1666

01:10:43,500 --> 01:10:42,980

yeah yeah so so yes I could have done

1667

01:10:46,209 --> 01:10:43,510

better

1668

01:10:47,859 --> 01:10:46,219

that's that's great it kid says

1669

01:10:49,180 --> 01:10:47,869

something like that how how great is

1670

01:10:52,990 --> 01:10:49,190

that Wow

1671

01:10:57,069 --> 01:10:53,000

let's talk about the last day that you

1672

01:10:58,390 --> 01:10:57,079

were now I remember I believe now this

1673

01:11:00,580 --> 01:10:58,400

is going all the way back to when I read

1674

01:11:03,100 --> 01:11:00,590

the book the first time because I didn't

1675

01:11:05,589 --> 01:11:03,110

finish this time and but if I remember

1676

01:11:08,620 --> 01:11:05,599

right you kind of wake up and you see

1677

01:11:10,450 --> 01:11:08,630

like fishing boats near you first no

1678

01:11:13,089 --> 01:11:10,460

they're not quite fit fishing boats you

1679

01:11:15,760 --> 01:11:13,099

know I when you're at sea you often see

1680

01:11:19,240 --> 01:11:15,770

you know glows and they're often you

1681

01:11:22,930 --> 01:11:19,250

know a ship or something was down under

1682

01:11:25,569 --> 01:11:22,940

the horizon and when you're in you know

1683

01:11:28,149 --> 01:11:25,579

closer to land a lot of times you'll see

1684

01:11:29,649 --> 01:11:28,159

a bunch of glows and sometimes those are

1685

01:11:33,160 --> 01:11:29,659

land lights sometimes they're like

1686

01:11:37,359 --> 01:11:33,170

offshore fishing fleets and so I was

1687

01:11:40,270 --> 01:11:37,369

seeing the glow on the 75th night I you

1688

01:11:43,509 --> 01:11:40,280

know keep waking up and one of those

1689

01:11:45,370 --> 01:11:43,519

lights those glows there and I kept you

1690

01:11:46,939 --> 01:11:45,380

know i neva gated I actually was pretty

1691

01:11:50,100 --> 01:11:46,949

good with mine

1692

01:11:52,470 --> 01:11:50,110

um but I didn't have any faith in myself

1693

01:11:54,750 --> 01:11:52,480

that I was that I was like oh I'm doing

1694

01:11:57,270 --> 01:11:54,760

this as an exercise but I kept expecting

1695

01:12:02,850 --> 01:11:57,280

to see land and so it wasn't unexpected

1696

01:12:04,200 --> 01:12:02,860

to just to see land but I thought well I

1697

01:12:05,840 --> 01:12:04,210

don't know I should have seen land days

1698

01:12:08,250 --> 01:12:05,850

ago and I don't know maybe I've drifted

1699

01:12:10,500 --> 01:12:08,260

you know between the islands maybe I'm

1700

01:12:12,390 --> 01:12:10,510

way farther north than I think I was and

1701

01:12:14,160 --> 01:12:12,400

I'm the next stop is England I get

1702

01:12:16,700 --> 01:12:14,170

straits caught up in the Gulf Stream but

1703

01:12:19,410 --> 01:12:16,710

there are definitely lights up there and

1704

01:12:20,729 --> 01:12:19,420

after waking up a couple of times and

1705

01:12:23,220 --> 01:12:20,739

the lights are still there you realize

1706

01:12:26,010 --> 01:12:23,230

there's something going on so maybe it's

1707

01:12:29,310 --> 01:12:26,020

a fishing fleet or whatever and finally

1708

01:12:31,020 --> 01:12:29,320

middle of the night sometime I start

1709

01:12:33,810 --> 01:12:31,030

seeing the loom of a lighthouse you know

1710

01:12:36,180 --> 01:12:33,820

this post nice a distinct Pole so I said

1711

01:12:39,590 --> 01:12:36,190

that's it that's not efficiently that on

1712

01:12:42,840 --> 01:12:39,600

a rock some guys and so the next morning

1713

01:12:44,850 --> 01:12:42,850

at first light I could see that I was

1714

01:12:47,130 --> 01:12:44,860

actually a lot closer to the island then

1715

01:12:48,360 --> 01:12:47,140

I thought I was I could see a big island

1716

01:12:50,729 --> 01:12:48,370

to the back big mountainous island of

1717

01:12:52,709 --> 01:12:50,739

the back another one kind of the south a

1718

01:12:55,470 --> 01:12:52,719

little bit and the one right ahead of me

1719

01:12:59,000 --> 01:12:55,480

was a lower island but was probably five

1720

01:13:05,520 --> 01:12:59,010

miles five ten miles at most I could see

1721

01:13:07,500 --> 01:13:05,530

little buildings I could see a beach but

1722

01:13:09,959 --> 01:13:07,510

it would have been an incredibly

1723

01:13:11,310 --> 01:13:09,969

dangerous landing because outside of the

1724

01:13:13,169 --> 01:13:11,320

beach you know it's Caribbean so there

1725

01:13:15,209 --> 01:13:13,179

was a reef outside the beach probably

1726

01:13:16,590 --> 01:13:15,219

half mile outside of that and the whole

1727

01:13:19,890 --> 01:13:16,600

northern part of the island was coral

1728

01:13:22,439 --> 01:13:19,900

cliffs with 3,000 miles of ocean swells

1729

01:13:26,520 --> 01:13:22,449

smashing against it so I started

1730

01:13:28,590 --> 01:13:26,530

preparing for a either a difficult

1731

01:13:30,780 --> 01:13:28,600

landing or possible to guide myself

1732

01:13:33,390 --> 01:13:30,790

around the south side of the island then

1733

01:13:35,130 --> 01:13:33,400

get around the the beach and stuff and

1734

01:13:38,820 --> 01:13:35,140

land on the lured side of the island

1735

01:13:40,740 --> 01:13:38,830

somehow and as I was doing so I started

1736

01:13:43,140 --> 01:13:40,750

hearing an engine and

1737

01:13:46,530 --> 01:13:43,150

my head out and there's a local open

1738

01:13:49,170 --> 01:13:46,540

fishing boat about 25 feet and three

1739

01:13:51,510 --> 01:13:49,180

guys in it steaming out to me so I was

1740

01:13:55,470 --> 01:13:51,520

like and they wait so I've been seeing

1741

01:13:59,460 --> 01:13:55,480

that yeah that was that and as it turned

1742

01:14:01,080 --> 01:13:59,470

out you know the derail like I said

1743

01:14:03,210 --> 01:14:01,090

direito are really the heroes of the

1744

01:14:11,250 --> 01:14:03,220

story the the fish

1745

01:14:14,100 --> 01:14:11,260

they were my sustenance they really were

1746

01:14:17,370 --> 01:14:14,110

my more than friends I mean I you know I

1747

01:14:19,590 --> 01:14:17,380

really think I came to understand a lot

1748

01:14:21,540 --> 01:14:19,600

of cultures that live very close to the

1749

01:14:23,460 --> 01:14:21,550

environment especially you know hunting

1750

01:14:26,490 --> 01:14:23,470

gathering cultures and stuff and how

1751

01:14:28,710 --> 01:14:26,500

they look at the natural world that to

1752

01:14:32,640 --> 01:14:28,720

me they were you know the extensions of

1753

01:14:35,760 --> 01:14:32,650

God or God or whatever and so they were

1754

01:14:38,160 --> 01:14:35,770

very spiritual to me too and at one

1755

01:14:38,850 --> 01:14:38,170

point they you know they certainly saved

1756

01:14:41,190 --> 01:14:38,860

my life

1757

01:14:42,900 --> 01:14:41,200

they also almost killed me but in the

1758

01:14:45,270 --> 01:14:42,910

end they brought my salvation because

1759

01:14:47,070 --> 01:14:45,280

the direito the school would rate or

1760

01:14:48,660 --> 01:14:47,080

this whole ecosystem that developed as

1761

01:14:52,260 --> 01:14:48,670

it got closer to land

1762

01:14:53,970 --> 01:14:52,270

drew birds to it so these frigate birds

1763

01:14:55,920 --> 01:14:53,980

were hovering above the raft and the

1764

01:14:57,720 --> 01:14:55,930

fishermen or smart guys they have what a

1765

01:15:00,330 --> 01:14:57,730

friend of mine calls natural literacy

1766

01:15:01,830 --> 01:15:00,340

they look at the work real world out

1767

01:15:03,180 --> 01:15:01,840

there and they say these birds are

1768

01:15:06,150 --> 01:15:03,190

telling us that there's something under

1769

01:15:07,860 --> 01:15:06,160

there so they came out and to find fish

1770

01:15:10,620 --> 01:15:07,870

and there I was in the middle of them

1771

01:15:13,170 --> 01:15:10,630

well I bet you looked pretty at the time

1772

01:15:17,760 --> 01:15:13,180

too oh I was gorgeous I at least had a

1773

01:15:20,670 --> 01:15:17,770

great tan no this is such an amazing

1774

01:15:22,470 --> 01:15:20,680

story how long did it take you to

1775

01:15:24,570 --> 01:15:22,480

actually be able to eat regular food

1776

01:15:28,170 --> 01:15:24,580

that must have been very difficult to

1777

01:15:30,240 --> 01:15:28,180

start that wasn't actually no no um I

1778

01:15:32,820 --> 01:15:30,250

lost about a third of my weight which is

1779

01:15:36,270 --> 01:15:32,830

very common ocean survivors who've been

1780

01:15:38,250 --> 01:15:36,280

adrift even more than a few weeks you

1781

01:15:40,710 --> 01:15:38,260

lose a lot of weight right away your

1782

01:15:42,990 --> 01:15:40,720

metabolism changes starvation up to the

1783

01:15:45,240 --> 01:15:43,000

metabolism and so you absorb you know

1784

01:15:46,830 --> 01:15:45,250

your energy level decreases but your

1785

01:15:48,900 --> 01:15:46,840

body's using less

1786

01:15:50,220 --> 01:15:48,910

energy so it was most of the weight

1787

01:15:53,940 --> 01:15:50,230

right away and then it kind of flattens

1788

01:15:57,840 --> 01:15:53,950

out so I lost about a third and I got

1789

01:15:59,490 --> 01:15:57,850

ashore and they took me they took me

1790

01:16:01,740 --> 01:15:59,500

across the island to the hospital there

1791

01:16:04,530 --> 01:16:01,750

and this doctor came out and he kind of

1792

01:16:07,880 --> 01:16:04,540

looks in at me and you know what am I

1793

01:16:11,390 --> 01:16:07,890

supposed to do with you ah got that and

1794

01:16:13,590 --> 01:16:11,400

so I when I got into got into the room

1795

01:16:15,240 --> 01:16:13,600

the doctor says well we're going to give

1796

01:16:17,700 --> 01:16:15,250

you some antibiotics to help you clear

1797

01:16:20,600 --> 01:16:17,710

up all these saltwater stores and stuff

1798

01:16:24,780 --> 01:16:20,610

and and we're going to give you an IV

1799

01:16:26,240 --> 01:16:24,790

feed you know because you know we don't

1800

01:16:28,890 --> 01:16:26,250

want to give you solid food and I said

1801

01:16:32,100 --> 01:16:28,900

wait right there you know I I've been

1802

01:16:34,260 --> 01:16:32,110

eating not large amounts but I've been

1803

01:16:36,000 --> 01:16:34,270

eating pretty regularly I think I can

1804

01:16:37,170 --> 01:16:36,010

handle solid food so they gave me you

1805

01:16:39,450 --> 01:16:37,180

know they brought in this tray of

1806

01:16:42,120 --> 01:16:39,460

amazing you know fruit crops and

1807

01:16:44,490 --> 01:16:42,130

starches and vitamins and stuff all my

1808

01:16:45,870 --> 01:16:44,500

body is craved as well as a little

1809

01:16:50,880 --> 01:16:45,880

square of salted fish which I thought

1810

01:16:52,500 --> 01:16:50,890

was amusing not to but yeah and then you

1811

01:16:54,690 --> 01:16:52,510

know I didn't stay in the hospital the

1812

01:16:56,550 --> 01:16:54,700

there was an anesthesiologist there

1813

01:16:58,560 --> 01:16:56,560

French like no it's French West Indies

1814

01:17:01,470 --> 01:16:58,570

and later this island Marie gallant just

1815

01:17:03,360 --> 01:17:01,480

ought to go out a loop and the

1816

01:17:04,860 --> 01:17:03,370

anesthesiologist spoke English and she

1817

01:17:07,230 --> 01:17:04,870

heard that I was in the hospital so she

1818

01:17:08,730 --> 01:17:07,240

and her husband invited me back to their

1819

01:17:11,310 --> 01:17:08,740

house that evening and she made

1820

01:17:14,090 --> 01:17:11,320

ratatouille and all this stuff and that

1821

01:17:17,340 --> 01:17:14,100

I don't know I started eating like a pig

1822

01:17:20,130 --> 01:17:17,350

but my body just in you know it's Creole

1823

01:17:23,010 --> 01:17:20,140

it's real Creole food - so after a

1824

01:17:24,570 --> 01:17:23,020

couple of days I just I got really sick

1825

01:17:26,730 --> 01:17:24,580

it's you know going out and coming out

1826

01:17:28,569 --> 01:17:26,740

on both Manuel and I got very very ill

1827

01:17:31,330 --> 01:17:28,579

for a while to me in a while too

1828

01:17:33,729 --> 01:17:31,340

from that I know you know for the first

1829

01:17:36,609 --> 01:17:33,739

10 days or so I was gaining a kilo a day

1830

01:17:38,620 --> 01:17:36,619

but most of it was water and because I

1831

01:17:40,839 --> 01:17:38,630

had high sodium level and really low

1832

01:17:42,700 --> 01:17:40,849

potassium level that my body wasn't

1833

01:17:45,100 --> 01:17:42,710

ridding itself of any of these foods and

1834

01:17:46,750 --> 01:17:45,110

it was all sinking to my legs and feet

1835

01:17:48,700 --> 01:17:46,760

yeah you're still on starvation mode

1836

01:17:51,220 --> 01:17:48,710

basically a part of your body is anyway

1837

01:17:54,160 --> 01:17:51,230

yeah I'm sure yeah two more questions

1838

01:17:56,319 --> 01:17:54,170

and one is uh probably a strange one but

1839

01:17:57,819 --> 01:17:56,329

if someone actually heard this show when

1840

01:17:59,669 --> 01:17:57,829

they're out at sea and they're stranded

1841

01:18:02,229 --> 01:17:59,679

like you were there anything you would

1842

01:18:06,720 --> 01:18:02,239

say to them to help them is there any

1843

01:18:15,459 --> 01:18:09,520

give yourself be very patient with

1844

01:18:18,729 --> 01:18:15,469

yourself and the world and try not to

1845

01:18:23,189 --> 01:18:18,739

obsess too much on the overall goal keep

1846

01:18:27,339 --> 01:18:23,199

it in mind but try to pay attention to

1847

01:18:30,729 --> 01:18:27,349

small achievable bites that add up the

1848

01:18:33,339 --> 01:18:30,739

overall goal I think almost all

1849

01:18:35,950 --> 01:18:33,349

survivors do this then you know the guy

1850

01:18:37,089 --> 01:18:35,960

who falls into the crevasse and touching

1851

01:18:39,520 --> 01:18:37,099

the boy here I'm sure you're familiar

1852

01:18:41,890 --> 01:18:39,530

like is familiar with that falls in the

1853

01:18:43,299 --> 01:18:41,900

groove at amazing and he knows he's got

1854

01:18:45,430 --> 01:18:43,309

to get down the mountain but what is he

1855

01:18:48,189 --> 01:18:45,440

focusing on he's focusing on getting to

1856

01:18:53,680 --> 01:18:48,199

the next rock down you know right that's

1857

01:18:56,140 --> 01:18:53,690

what you got to do and hopefully it'll

1858

01:18:57,339 --> 01:18:56,150

stack up into enough time and you'll

1859

01:18:59,080 --> 01:18:57,349

make your way out you know that's what I

1860

01:19:00,879 --> 01:18:59,090

looked at you know I'm looking at my

1861

01:19:01,359 --> 01:19:00,889

watch all the time and the seconds are

1862

01:19:03,700 --> 01:19:01,369

ticking by

1863

01:19:06,069 --> 01:19:03,710

ever so slowly but I realized every one

1864

01:19:08,890 --> 01:19:06,079

of those clicks is that clip closer to

1865

01:19:11,770 --> 01:19:08,900

salvation Wow amazing

1866

01:19:13,930 --> 01:19:11,780

uh we could end on that but I also

1867

01:19:15,790 --> 01:19:13,940

wanted to ask you but I think you kind

1868

01:19:17,410 --> 01:19:15,800

of answered it what's the best thing

1869

01:19:23,140 --> 01:19:17,420

that came out of this whole terrible

1870

01:19:25,510 --> 01:19:23,150

situation my life oh nice great well

1871

01:19:27,910 --> 01:19:25,520

thanks so much it's been you've been

1872

01:19:30,310 --> 01:19:27,920

inspiring to me for 35 years

1873

01:19:34,510 --> 01:19:30,320

well about that well so much here since

1874

01:19:37,270 --> 01:19:34,520

I did look you're a cheap date yeah and

1875

01:19:38,920 --> 01:19:37,280

it's funny I you know the Internet has

1876

01:19:40,270 --> 01:19:38,930

changed everything and what

1877

01:19:42,340 --> 01:19:40,280

you know prior to internet I would have

1878

01:19:45,120 --> 01:19:42,350

never been able to find you I found you

1879

01:19:47,650 --> 01:19:45,130

online yeah and you're you're

1880

01:19:50,950 --> 01:19:47,660

approachable so I thought it was very

1881

01:19:54,400 --> 01:19:50,960

nice I appreciate your interest and the

1882

01:19:57,910 --> 01:19:54,410

interested your listeners Watchers and

1883

01:20:01,480 --> 01:19:57,920

everybody who's picked up a drift and

1884

01:20:03,580 --> 01:20:01,490

found anything in it that you know to me

1885

01:20:06,250 --> 01:20:03,590

you know Kathy and I don't have kids and

1886

01:20:10,660 --> 01:20:06,260

the closest thing people like us have to

1887

01:20:12,160 --> 01:20:10,670

kids are what we produce they go out in

1888

01:20:14,410 --> 01:20:12,170

the world and have their own lives as

1889

01:20:17,470 --> 01:20:14,420

far as I'm concerned and drift is very

1890

01:20:20,460 --> 01:20:17,480

much like a kid who's now 35 years old

1891

01:20:22,810 --> 01:20:20,470

and has created its own life thanks to

1892

01:20:26,020 --> 01:20:22,820

nothing's to me so much but the people

1893

01:20:28,720 --> 01:20:26,030

who see themselves in it yeah so I I

1894

01:20:30,130 --> 01:20:28,730

appreciate everybody who is out there

1895

01:20:32,050 --> 01:20:30,140

doing their thing

1896

01:20:34,300 --> 01:20:32,060

reading adrift and struggling to survive

1897

01:20:37,120 --> 01:20:34,310

we're all in the same boat really that's

1898

01:20:39,040 --> 01:20:37,130

right all right all right so that's it

1899

01:20:42,280 --> 01:20:39,050

for the show everyone thanks so much for

1900

01:20:44,590 --> 01:20:42,290

listening and we'll be back next week

1901

01:20:47,410 --> 01:20:44,600

and you know what I can't remember who

1902

01:20:49,000 --> 01:20:47,420

my guess is next week but check back or

1903

01:20:51,970 --> 01:20:49,010

check on the website you'll see it there

1904

01:20:56,050 --> 01:20:51,980

I really enjoyed the show today

1905

01:20:56,060 --> 01:21:01,209

[Music]

1906

01:21:03,680 --> 01:21:01,670

you